



CLASIFICACIÓN GENERAL

Fecha: 15/08/2015

VI CARRERA POPULAR "RUNFOZRUN"

Distancia: 7000 m



| Posición | Dorsal | Nombre | Club/Entidad | Localidad | Categoría | Pto. Cat. | Sexo | Tiempo | Min/Km |
|----------|--------|-----------------------------|---------------------------------------|----------------------|-----------|-----------|------|----------|--------|
| 1 | 471 | GONZALEZ CARBALLADA, MIGUEL | CLUB LUCUS CAIXA RURAL | LUGO | SENUM | 1 | M | 00:22:46 | 3:15 |
| 2 | 1 | BUJAN RODRÍGUEZ, OSCAR | TRIATLÓN SALTOKI-TRIKIDEAK | CANGAS DEL NARCEA | SENUM | 2 | M | 00:22:54 | 3:16 |
| 3 | 32 | ARROJO FERNÁNDEZ, NICOLÁS | LUCUS CAIXA RURAL GALEGA | LUGO | SENUM | 3 | M | 00:23:13 | 3:19 |
| 4 | 171 | GRIÑAN CARAVACA, MANUEL | C.A. SUANZES SAN BLAS | MADRID | VETAM | 1 | M | 00:23:49 | 3:24 |
| 5 | 373 | VAL VILLARINO, DELIO | PRAIAS DE BARREIROS | SAN COSME DE BARREIR | VETAM | 2 | M | 00:23:57 | 3:25 |
| 6 | 2 | EL ANBI, JAMAL | MARTINEZ OTERO | CHOZAS DE CANALES | SENUM | 4 | M | 00:24:16 | 3:28 |
| 7 | 473 | PENAS TALLON, JOSE ANGEL | JIMBARÁN RUNNING LUGO | LUGO | SENUM | 5 | M | 00:24:18 | 3:28 |
| 8 | 119 | FERNANDEZ MARCOS, NOEL | RUNAWAYS | RIBADEO | VETAM | 3 | M | 00:24:21 | 3:28 |
| 9 | 39 | BARREIRO ARIAS, JOSE | LA POCIÓN MÁGICA | LUGO | VETAM | 4 | M | 00:24:24 | 3:29 |
| 10 | 14 | EIRAS RODRIGUEZ, MANUEL | MARTINEZ OTERO | FOZ | SENUM | 6 | M | 00:24:39 | 3:31 |
| 11 | 375 | VALIÑA MENDEZ, JOSÉ LUIS | VERXEL | A PASTORIZA | VETBM | 1 | M | 00:25:10 | 3:35 |
| 12 | 131 | FOLGUEIRA DÍAZ, MANUEL | INDEPENDIENTE | FOZ | SENUM | 7 | M | 00:25:50 | 3:41 |
| 13 | 384 | VILLABA LOREDO, ALEX | ED LOURENZÁ | BARREIROS | SENUM | 8 | M | 00:25:51 | 3:41 |
| 14 | 213 | LOPEZ MOLINA, ALEX | INDEPENDIENTE | BARCELONA | SENUM | 9 | M | 00:26:04 | 3:43 |
| 15 | 361 | SERRANO MALDONADO, EDUARDO | CANAL ISABEL II MADRID | MADRID | VETAM | 5 | M | 00:26:21 | 3:45 |
| 16 | 321 | RIVAS TERRÓN, AARÓN | E.D. LOURENZÁ | LOURENZÁ | SENUM | 10 | M | 00:26:27 | 3:46 |
| 17 | 499 | MENDEZ SUAREZ, SEVERINO | INDEPENDIENTE | OVIEDO | VETAM | 6 | M | 00:26:45 | 3:49 |
| 18 | 136 | GABELA MARTINEZ, LAUDELINO | INDEPENDIENTE | LEON | VETBM | 2 | M | 00:26:52 | 3:50 |
| 19 | 363 | SOUTO LOPEZ, LUIS | ZEPPELIN | LUGO | VETBM | 3 | M | 00:26:59 | 3:51 |
| 20 | 511 | DIEGUEZ BALADRON, IVAN | CLUB ZEPPELIN ZORGUESA FINFLOOR | LUGO | VETAM | 7 | M | 00:26:59 | 3:51 |
| 21 | 493 | GARGALLO MENDEZ, BORJA | INDEPENDIENTE | SAN CIBRAO | SENUM | 11 | M | 00:27:13 | 3:53 |
| 22 | 482 | MOREDA PEREZ, EUSEBIO | INDEPENDIENTE | FOZ | VETBM | 4 | M | 00:27:14 | 3:53 |
| 23 | 182 | IZQUIERDO FRAGA, OSCAR | BURELA | BURELA | SENUM | 12 | M | 00:27:18 | 3:54 |
| 24 | 105 | EL KAMEL, AYOUB | MARTINEZ OTERO | FOZ | SENUM | 13 | M | 00:27:32 | 3:56 |
| 25 | 218 | LÓPEZ VALCARCE, SERGIO | PORCOS BRAVOS RUNNING BY CAFÉ BARLUGO | LUGO | SENUM | 14 | M | 00:27:33 | 3:56 |
| 26 | 335 | RODRÍGUEZ LÓPEZ, IVÁN | CLUB MONTEPENARUBIA | LUGO | SENUM | 15 | M | 00:27:36 | 3:56 |
| 27 | 106 | ELUSTONDO GARATE, ARITZ | INDEPENDIENTE | ZESTOA(GUIPUZCOA) | SENUM | 16 | M | 00:27:38 | 3:56 |
| 28 | 73 | CARRASCAL INCERA, ANDRÉ | ZABBA ZAPATERÍA | FOZ | SENUM | 17 | M | 00:27:41 | 3:57 |
| 29 | 205 | LOPEZ FERNÁNDEZ, DANIEL | ESCUELA ATLÉTICA LUCENSE | LUGO | VETBM | 5 | M | 00:27:42 | 3:57 |
| 30 | 494 | MIGUEZ VAZQUEZ, VICTOR | INDEPENDIENTE | BURELA | SENUM | 18 | M | 00:27:54 | 3:59 |
| 31 | 31 | ARIAS VEIGA, MANUEL | MONTEPENARRUBIA | LUGO | VETBM | 6 | M | 00:28:00 | 4:00 |
| 32 | 350 | ROUCO REGUEIRO, DANIEL | ESCOLA ATLÉTICA LUCENSE | LUGO | VETAM | 8 | M | 00:28:02 | 4:00 |

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|----------|--------|-----------------------------------|-----------------------------------|-----------------------|-----------|-----------|------|----------|--------|
| 33 | 455 | PEREZ SANFIZ, ALFREDO | INDEPENDIENTE | LUGO | VETAM | 9 | M | 00:28:05 | 4:00 |
| 34 | 8 | AGTEN, JORAM | BERGAFLOPERS | MEERHOUT | VETAM | 10 | M | 00:28:08 | 4:01 |
| 35 | 306 | PRIETO DIAZ, LETICIA | RECTA FINAL - TOSCAF | PRAVIA | VETAF | 1 | F | 00:28:10 | 4:01 |
| 36 | 23 | ÁLVAREZ PRIEGUE, VÍCTOR M. | MONTE SEGADE | LUGO | VETBM | 7 | M | 00:28:13 | 4:01 |
| 37 | 74 | CASÁS CASÁS, JOSÉ MANUEL | INDEPENDIENTE | A CORUÑA | VETAM | 11 | M | 00:28:13 | 4:01 |
| 38 | 359 | SEIVANE NAVIA, JOSE MANUEL | INDEPENDIENTE | LOURENZÁ | VETAM | 12 | M | 00:28:16 | 4:02 |
| 39 | 89 | DE LA VILLA SÁNCHEZ, MIGUEL ÁNGEL | FONDISTAS DEL OLIVAR | COLMENAR VIEJO | SENIM | 19 | M | 00:28:23 | 4:03 |
| 40 | 122 | FERNANDEZ OLLOQUI, ENRIQUE | OLLOQUI RUNNING | MADRID | SENIM | 20 | M | 00:28:25 | 4:03 |
| 41 | 194 | LÓPEZ - LEITÓN VEIGA, ANTÓN | MANIOTAS | FOZ | VETAM | 13 | M | 00:28:36 | 4:05 |
| 42 | 30 | ARIAS TORRON, ALBERTO | ESCOLA ATLETICA LUCENSE | LUGO | VETAM | 14 | M | 00:28:37 | 4:05 |
| 43 | 219 | LOPEZ ZUAZUA, PEDRO | INDEPENDIENTE | OVIEDO | VETBM | 8 | M | 00:28:39 | 4:05 |
| 44 | 151 | GOMEZ AGRAS, LUIS | INDEPENDIENTE | NARÓN | VETAM | 15 | M | 00:28:41 | 4:05 |
| 45 | 83 | CORTON GONZALEZ, JOSE | ESCOLA ATLETICA LUCENSE | LUGO | VETAM | 16 | M | 00:28:43 | 4:06 |
| 46 | 15 | ALONSO DIEZ, SAMUEL BENITO | COCOCO TEAM | MADRID | VETAM | 17 | M | 00:28:47 | 4:06 |
| 47 | 403 | MARTINEZ, MOISÉS | INDEPENDIENTE | EL ESCORIAL | SENIM | 21 | M | 00:28:55 | 4:07 |
| 48 | 509 | CONDE LLENDEROS, MARCOS | CLUBE DE ATLETISMO RIBADEO | RIBADEO | SENIM | 22 | M | 00:28:57 | 4:08 |
| 49 | 117 | FERNANDEZ LOPEZ, ABEL | INDEPENDIENTE | BURELA | SENIM | 23 | M | 00:29:04 | 4:09 |
| 50 | 251 | MORALES MARTÍNEZ, JULIÁN | AC ARROYOMOLINOS | ARROYOMOLINOS | VETBM | 9 | M | 00:29:05 | 4:09 |
| 51 | 383 | VIDAL REIGOSA, MIGUEL ANGEL | CLUB SENDERISMO PASO MIUDO | RIBADEO | VETAM | 18 | M | 00:29:07 | 4:09 |
| 52 | 344 | RODRIGUEZ VALEA, JACOBO | PRAIAS DE BARREIROS CD | BARREIROS | VETAM | 19 | M | 00:29:07 | 4:09 |
| 53 | 33 | ARROLLO CASTRODEZA, MIGUEL ANGEL | INDEPENDIENTE | ZARATÁN | VETAM | 20 | M | 00:29:13 | 4:10 |
| 54 | 486 | RAMIREZ AMO, LUIS ENRIQUE | INDEPENDIENTE | MIERES | VETBM | 10 | M | 00:29:14 | 4:10 |
| 55 | 201 | LÓPEZ DÍAZ, CARLOS | INDEPENDIENTE | LUGO | VETAM | 21 | M | 00:29:20 | 4:11 |
| 56 | 92 | DIAZ BLANCO, JOSE CARLOS | PEÑA BARCELONISTA SAN MIGUEL | RIBADEO | VETBM | 11 | M | 00:29:20 | 4:11 |
| 57 | 326 | RODIL RUA, DIEGO | CATACRUNNERS | FOZ | SENIM | 24 | M | 00:29:25 | 4:12 |
| 58 | 202 | LOPEZ DINIZ, VICTOR | ATLETISMO RIBADEO | RIBADEO | VETBM | 12 | M | 00:29:31 | 4:13 |
| 59 | 497 | SANTOS, FIDEL | CLUB LA BAÑEZA | SAN JUSTO , LEON | VETBM | 13 | M | 00:29:32 | 4:13 |
| 60 | 229 | MARTINEZ FERNANDEZ, JOSE MANUEL | ATLETISMO MONTE SEGADE | LUGO | VETBM | 14 | M | 00:29:47 | 4:15 |
| 61 | 125 | FERNÁNDEZ PENA, PABLO | INDEPENDIENTE | FOZ | SENIM | 25 | M | 00:29:50 | 4:15 |
| 62 | 505 | GARCIA , CANDIDO | CLUB LOS MURGALINOS | GIJON | VETCM | 1 | M | 00:29:52 | 4:16 |
| 63 | 67 | CANTADOR JIMÉNEZ, CLEMENTE JESÚS | CORREMOLINOS CONSUEGRA | CONSUEGRA (TOLEDO) | VETCM | 2 | M | 00:29:55 | 4:16 |
| 64 | 65 | CANDIA DURAN, FRANCISCO XOSE | UNIVERSIDADE DE SANTIAGO DE COMPO | NOIS (FOZ, LUGO) | VETAM | 22 | M | 00:29:56 | 4:16 |
| 65 | 407 | VALORÍA ESMORÍS, XABIER | INDEPENDIENTE | FOZ | VETAM | 23 | M | 00:29:56 | 4:16 |
| 66 | 220 | LUCENA CARACUEL, RAFAEL | INDEPENDIENTE | EL ENTREGÓ (S M R A) | VETBM | 15 | M | 00:29:58 | 4:16 |
| 67 | 149 | GARCÍA VÁZQUEZ, XURXO | INDEPENDIENTE | FOZ | SENIM | 26 | M | 00:29:59 | 4:17 |
| 68 | 197 | LOPEZ BELLAS, JOSE MANUEL | PORCOS BRAVOS | LUGO | VETBM | 16 | M | 00:30:03 | 4:17 |
| 69 | 349 | RON LOPEZ, RUBEN | ALBIONS | A PONTENOVA | VETAM | 24 | M | 00:30:12 | 4:18 |
| 70 | 285 | PASARIN MON, KARINA | MONTEPENARUBIA | LUGO | VETAF | 2 | F | 00:30:14 | 4:19 |
| 71 | 19 | ALVAREZ CARBAJALES, JOSÉ MANUEL | CLUB ATLETISMO LOURENZA | RIBADEO | VETAM | 25 | M | 00:30:17 | 4:19 |

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|----------|--------|---------------------------------|-------------------------|----------------------|-----------|-----------|------|----------|--------|
| 72 | 500 | FERNANDEZ, SILVIA MARIA | INDEPENDIENTE | OVIEDO | VETAF | 3 | F | 00:30:26 | 4:20 |
| 73 | 379 | VELICIA OLMEDO, CHEMI | INDEPENDIENTE | VALLADOLID | VETAM | 26 | M | 00:30:31 | 4:21 |
| 74 | 159 | GONZÁLEZ ALVAREZ, MANUEL | INDEPENDIENTE | MADRID | SENIM | 27 | M | 00:30:32 | 4:21 |
| 75 | 303 | PRADO BASANTA, DIEGO | CLUB MONTEPENARUBIA | LUGO | VETAM | 27 | M | 00:30:34 | 4:22 |
| 76 | 254 | MOREDA NUÑEZ, ELISEO | DT1TEAM | LUGO | VETBM | 17 | M | 00:30:35 | 4:22 |
| 77 | 348 | ROMERO VIOTA, JORGE | INDEPENDIENTE | FOZ | VETAM | 28 | M | 00:30:39 | 4:22 |
| 78 | 370 | URGELLES SARDON, LUIS FERNANDO | TRIATLÓN PISUERGA TRIPI | VALLADOLID | VETAM | 29 | M | 00:30:40 | 4:22 |
| 79 | 255 | MORENO GARCÍA, VÍCTOR | ATLETISMO CORVERA | PRAVIA | SENIM | 28 | M | 00:30:40 | 4:22 |
| 80 | 27 | AREVALO MILLAN, DAVID | INDEPENDIENTE | MADRID | SENIM | 29 | M | 00:30:42 | 4:23 |
| 81 | 296 | PERRAMON BONIGNO, MARC | INDEPENDIENTE | A CORUÑA | VETAM | 30 | M | 00:30:49 | 4:24 |
| 82 | 263 | NIÑE OTERO, DAVID | CAMPO DA CABANA | FOZ | VETAM | 31 | M | 00:30:53 | 4:24 |
| 83 | 364 | SUAREZ DIAZ, FINA | ATLETISMO RIBADEO | RIBADEO | VETAF | 4 | F | 00:30:53 | 4:24 |
| 84 | 514 | MENENDEZ FERNANDEZ, EDUARDO | CLUB INTERVAL RUNNERS | LEON | VETAM | 32 | M | 00:30:57 | 4:25 |
| 85 | 456 | GOMEZ, ESTEBAN | INDEPENDIENTE | LUGO | VETAM | 33 | M | 00:30:58 | 4:25 |
| 86 | 4 | IGLESIAS IGLESIAS, CARLOS | INDEPENDIENTE | MADRID | SENIM | 30 | M | 00:31:07 | 4:26 |
| 87 | 302 | POZO DIAZ, DAVID | INDEPENDIENTE | O CORGO | SENIM | 31 | M | 00:31:07 | 4:26 |
| 88 | 236 | MENDEZ PAZ, JUAN LUIS | ED LOURENZÁ | LOURENZÁ | VETAM | 34 | M | 00:31:12 | 4:27 |
| 89 | 394 | RODRIGUEZ SANTIAGO, JORGE | INDEPENDIENTE | NARÓN | VETAM | 35 | M | 00:31:14 | 4:27 |
| 90 | 522 | GONZALEZ MARTI, JUAN | INDEPENDIENTE | FIGUERAS. ASTURIAS | SENIM | 32 | M | 00:31:15 | 4:27 |
| 91 | 3 | IGLESIAS IZQUIERDO, JUAN CARLOS | INDEPENDIENTE | MADRID | VETBM | 18 | M | 00:31:16 | 4:28 |
| 92 | 115 | FERNÁNDEZ GARCÍA, JOSÉ LUIS | INDEPENDIENTE | FOZ | VETAM | 36 | M | 00:31:18 | 4:28 |
| 93 | 266 | NUÑEZ MENDEZ, RICARDO | INDEPENDIENTE | LUGO | VETAM | 37 | M | 00:31:19 | 4:28 |
| 94 | 35 | BALEA VÁZQUEZ, ÁNGEL | INDEPENDIENTE | PIEDRAS BLANCAS | VETAM | 38 | M | 00:31:23 | 4:29 |
| 95 | 286 | PAZ QUINTELA, JOSÉ MANUEL | INDEPENDIENTE | O CORGO | SENIM | 33 | M | 00:31:24 | 4:29 |
| 96 | 307 | PUMARIÑO PÉREZ, AMADOR | ATLETISMO FONTES DO SAR | MONDOÑEDO | SENIM | 34 | M | 00:31:30 | 4:30 |
| 97 | 77 | CAZÓN PIÑÓN, ANTONIO | CLUBE ATLETISMO VILALBA | VILALBA | VETAM | 39 | M | 00:31:33 | 4:30 |
| 98 | 180 | IRIMIA CARRERA, JAVIER | PENARUBIA RUNNING LUGO | MEIRA | VETAM | 40 | M | 00:31:34 | 4:30 |
| 99 | 438 | MENDEZ VIDAL, JUAN MIGUEL | INDEPENDIENTE | FOZ | VETAM | 41 | M | 00:31:36 | 4:30 |
| 100 | 228 | MARTINEZ BALSEIRO, VICTOR | INDEPENDIENTE | FOZ | VETAM | 42 | M | 00:31:37 | 4:31 |
| 101 | 50 | BOYERO IGLESIAS, JOSE | INDEPENDIENTE | LUGO | VETCM | 3 | M | 00:31:41 | 4:31 |
| 102 | 22 | ALVAREZ FREIRE, MIGUEL | INDEPENDIENTE | FERROL | VETAM | 43 | M | 00:31:44 | 4:32 |
| 103 | 112 | FERNÁNDEZ CAMPOS, PURIFICACIÓN | INDEPENDIENTE | BERGONDO | VETBF | 1 | F | 00:31:45 | 4:32 |
| 104 | 434 | SANZ MENDEZ, MIGUEL | INDEPENDIENTE | COLMENAR VIEJO | VETBM | 19 | M | 00:31:46 | 4:32 |
| 105 | 291 | PEREZ RIO, JOSEFINA | INDEPENDIENTE | BURELA | VETAF | 5 | F | 00:31:47 | 4:32 |
| 106 | 16 | ALONSO GUERRA, ADRIAN | INDEPENDIENTE | OVIEDO | VETAM | 44 | M | 00:31:48 | 4:32 |
| 107 | 512 | BOHME , KAROLA | CLUB ZEPPELIN ATLETICO | LUGO | SENIF | 1 | F | 00:31:52 | 4:33 |
| 108 | 479 | PEREZ PEREZ, MANUEL | INDEPENDIENTE | SAN COSME DE BARREIR | SENIM | 35 | M | 00:31:53 | 4:33 |
| 109 | 374 | VALDÉS GONZÁLEZ, ALBERTO | INDEPENDIENTE | CANGAS | VETCM | 4 | M | 00:31:53 | 4:33 |
| 110 | 61 | CAMARERO BOTÉ, ALBERTO | INDEPENDIENTE | BARCELONA | VETAM | 45 | M | 00:31:53 | 4:33 |

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|----------|--------|-------------------------------|-----------------------------|--------------------|-----------|-----------|------|----------|--------|
| 111 | 212 | LOPEZ MARQUÉS, JOHN | ATLETISMO DE LOSADA | LEÓN | VETAM | 46 | M | 00:31:55 | 4:33 |
| 112 | 5 | ABAD GUTIERREZ, LAURA | CORRIENDO POR PALENCIA | PALENCIA | VETAF | 6 | F | 00:31:57 | 4:33 |
| 113 | 121 | FERNANDEZ NUÑO, EDUARDO | INDEPENDIENTE | VALLADOLID | VETAM | 47 | M | 00:31:57 | 4:33 |
| 114 | 490 | LOPEZ EXPOSITO, BRUNO | CLUB ATLETISMO VEGADEO | VEGADEO | VETAM | 48 | M | 00:32:03 | 4:34 |
| 115 | 430 | BODELON CREEL, EVAN | INDEPENDIENTE | MADRID | VETBM | 20 | M | 00:32:06 | 4:35 |
| 116 | 75 | CASTRO COUTO, ÁNGEL | INDEPENDIENTE | FOZ | SENIM | 36 | M | 00:32:08 | 4:35 |
| 117 | 328 | RODRIGUEZ CASTRO, ISIDRO | QUITA BICHO | LUGO | VETBM | 21 | M | 00:32:10 | 4:35 |
| 118 | 55 | CALVECHE BARRANCO, DIEGO | MARTINEZ OTERO | BURELA | SENIM | 37 | M | 00:32:10 | 4:35 |
| 119 | 386 | VILLAMONTE DIAZ, MATEO | INDEPENDIENTE | OVIEDO | SENIM | 38 | M | 00:32:11 | 4:35 |
| 120 | 160 | GONZALEZ ARGANDA, SERGIO | INDEPENDIENTE | MADRID | SENIM | 39 | M | 00:32:11 | 4:35 |
| 121 | 247 | MINGUEZ ZALOÑA, AGUSTIN | INDEPENDIENTE | LOURENZÁ | VETBM | 22 | M | 00:32:12 | 4:36 |
| 122 | 474 | PENAS TALLON, CRISTINA | INDEPENDIENTE | LUGO | SENI | 2 | F | 00:32:13 | 4:36 |
| 123 | 189 | LAMELA VALDOMAR, IVÁN | POLLO LOCO | A CORUÑA | VETAM | 49 | M | 00:32:18 | 4:36 |
| 124 | 36 | BALSEIRO AMIDP, JOSÉ ANGEL | CLUBE ATLETISMO VILALBA | VILALBA | VETAM | 50 | M | 00:32:24 | 4:37 |
| 125 | 496 | PALEO FRA, FABIO | INDEPENDIENTE | XOVE | SENIM | 40 | M | 00:32:32 | 4:38 |
| 126 | 369 | URBANO MARTÍNEZ, JORGE | INDEPENDIENTE | BURELA | SENIM | 41 | M | 00:32:33 | 4:39 |
| 127 | 323 | RIVERA GARCÍA, ALBERTO | AFICIONADO | VALLADOLID | VETAM | 51 | M | 00:32:34 | 4:39 |
| 128 | 274 | RODRIGUEZ CLARO, JORGE | INDEPENDIENTE | MADRID | SENIM | 42 | M | 00:32:38 | 4:39 |
| 129 | 320 | RIVAS FERNANDEZ, JOSE ANGEL | INDEPENDIENTE | LUGO | SENIM | 43 | M | 00:32:43 | 4:40 |
| 130 | 66 | CANO FERREIRO, JOSE MANUEL | INDEPENDIENTE | CASTRO DE REI | VETAM | 52 | M | 00:32:45 | 4:40 |
| 131 | 71 | CARRACEDO FERNANDEZ, ROBERTO | EA LUCENSE | LUGO | VETAM | 53 | M | 00:32:46 | 4:40 |
| 132 | 314 | REGO GONZALEZ, JUAN JOSE | INDEPENDIENTE | CANGAS DE FOZ | VETCM | 5 | M | 00:32:47 | 4:41 |
| 133 | 111 | FENANDEZ FERNANDEZ, EDUARDO | INDEPENDIENTE | LUGO | VETAM | 54 | M | 00:32:50 | 4:41 |
| 134 | 237 | MENDEZ VIDAL, RUBEN | ATLETISMO LOURENZA | LOURENZA | SENIM | 44 | M | 00:32:52 | 4:41 |
| 135 | 49 | BOUZA ARIAS, MANUEL | OLYMPO | AS PONTES | VETAM | 55 | M | 00:32:56 | 4:42 |
| 136 | 414 | GARCIA NOGUEIRA, JOSÉ | INDEPENDIENTE | BARCELONA | SENIM | 45 | M | 00:32:59 | 4:42 |
| 137 | 284 | PARGA LOPEZ, MARIO | INDEPENDIENTE | LUGO | SENIM | 46 | M | 00:33:01 | 4:43 |
| 138 | 62 | CAMPANON SANJURJO, ANTONIO | INDEPENDIENTE | LUGO | VETAM | 56 | M | 00:33:01 | 4:43 |
| 139 | 422 | JORGE CASTILLO, OSCAR | INDEPENDIENTE | MADRID | VETAM | 57 | M | 00:33:06 | 4:43 |
| 140 | 146 | GARCIA LOPEZ, MIGUEL ANGEL | INDEPENDIENTE | BURELA | SENIM | 47 | M | 00:33:07 | 4:43 |
| 141 | 139 | GARCIA AMOR, AITOR | INDEPENDIENTE | TAPIA DE CASARIEGO | SENIM | 48 | M | 00:33:12 | 4:44 |
| 142 | 206 | LOPEZ FOLGUEIRA, ENRIQUE | CLUB MONTEPENARUBIA LUGO | LUGO | VETCM | 6 | M | 00:33:14 | 4:44 |
| 143 | 275 | PAJON FERNANDEZ, JAVIER | MONTEPENARUBIA RUNNING LUGO | LUGO | VETAM | 58 | M | 00:33:14 | 4:44 |
| 144 | 21 | ALVAREZ FREIRE, IGNACIO | INDEPENDIENTE | FERROL | VETAM | 59 | M | 00:33:17 | 4:45 |
| 145 | 11 | ALEJOS DOCOBO, LORENZO | INDEPENDIENTE | FOZ | VETCM | 7 | M | 00:33:20 | 4:45 |
| 146 | 341 | RODRIGUEZ PEREZ, AGUSTIN | INDEPENDIENTE | BARREIROS | VETAM | 60 | M | 00:33:20 | 4:45 |
| 147 | 177 | HEVIA RIVERO, JOSE MARIA | METROPOLITAN | LLANERA | VETBM | 23 | M | 00:33:23 | 4:46 |
| 148 | 100 | DIAZ URBIETA, ANTONIO | MARTINEZ OTERO | CARBALLO | SENIM | 49 | M | 00:33:30 | 4:47 |
| 149 | 451 | LINARES RODRIGUEZ, JOSE MARIA | INDEPENDIENTE | FOZ | VETBM | 24 | M | 00:33:37 | 4:48 |

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|----------|--------|-----------------------------------|------------------------------|-----------------------|-----------|-----------|------|----------|--------|
| 150 | 245 | MÍGUEZ SAN ISIDRO, BENIGNO | INDEPENDIENTE | CELEIRO | SENIM | 50 | M | 00:33:41 | 4:48 |
| 151 | 200 | LÓPEZ DÍAZ, ANGEL | ACADEMIA JMRIVAS | LUGO | VETBM | 25 | M | 00:33:43 | 4:49 |
| 152 | 416 | RODRIGUEZ MARTINEZ, MANUEL | TODO VERTICAL CLUB | TODO VERTICAL CLUB-M. | VETAM | 61 | M | 00:33:43 | 4:49 |
| 153 | 489 | COUCEIRO GARCIA, JOSE LUIS | INDEPENDIENTE | OVIEDO | VETBM | 26 | M | 00:33:49 | 4:49 |
| 154 | 133 | FRAGA MORANDEIRA, JUAN | INDEPENDIENTE | MADRID | VETBM | 27 | M | 00:33:50 | 4:50 |
| 155 | 333 | RODRIGUEZ GONZALEZ, MATIAS | A.C.D. O CARBALLO | LUGO | VETAM | 62 | M | 00:33:50 | 4:50 |
| 156 | 457 | RODRIGUEZ GONZALEZ, OSCAR | INDEPENDIENTE | FOZ | SENIM | 51 | M | 00:33:54 | 4:50 |
| 157 | 129 | FERNANDEZ YAÑEZ, SANDRA | MARZO SAUDE | CASTROVERDE | SENI | 3 | F | 00:33:55 | 4:50 |
| 158 | 211 | LOPEZ MARQUES, PABLO | ATLETISMO DE LOSADA | LEÓN | VETBM | 28 | M | 00:33:56 | 4:50 |
| 159 | 381 | VIANA FERREIRO, JOSÉ MARÍA | VERXEL NUTRICIÓN DEPORTIVA | LUGO | VETAM | 63 | M | 00:33:56 | 4:50 |
| 160 | 38 | BARRAL PRADO, EDUARDO | PORCOS BRAVOS | LUGO | VETAM | 64 | M | 00:33:58 | 4:51 |
| 161 | 10 | ALEDO DIAZ, ALFONSO | INDEPENDIENTE | LEON | SENIM | 52 | M | 00:33:59 | 4:51 |
| 162 | 362 | SIMÓN ALONSO, JOSE MANUEL | ATLETISMO VILLAMURIEL | VILLAMURIEL DEL CERRA | VETCM | 8 | M | 00:34:00 | 4:51 |
| 163 | 127 | FERNÁNDEZ SOUTO, JOSÉ LUIS | INDEPENDIENTE | LUGO | VETBM | 29 | M | 00:34:02 | 4:51 |
| 164 | 59 | CALVO PERALVAREZ, JOSE ANTONIO | INDEPENDIENTE | BURELA | VETBM | 30 | M | 00:34:08 | 4:52 |
| 165 | 283 | PARDIÑAS VEGA, MANOLO | MANIOTAS | FOZ | VETAM | 65 | M | 00:34:10 | 4:52 |
| 166 | 188 | LAMAS POSE, XOSÉ MANUEL | INDEPENDIENTE | BURELA | VETAM | 66 | M | 00:34:10 | 4:52 |
| 167 | 345 | RODRIGUEZ-GIGIREY VILLAR, ROSALIA | LUCUS CAIXA RURAL | FOZ | SENI | 4 | F | 00:34:14 | 4:53 |
| 168 | 309 | QUINTANA SUÁREZ, FERNANDO | FIGUERAS SOLIDARIO TEAM | FIGUERAS | VETBM | 31 | M | 00:34:15 | 4:53 |
| 169 | 227 | MARTIN GOMEZ, FIDEL | ATLETAS POPULARES VALLADOLID | VALLADOLID | VETAM | 67 | M | 00:34:15 | 4:53 |
| 170 | 454 | BARGUEÑO GARCIA, JESUS | INDEPENDIENTE | MOSTOLES | VETCM | 9 | M | 00:34:16 | 4:53 |
| 171 | 441 | GARCIA GARCIA, JORGE | INDEPENDIENTE | MADRID | VETBM | 32 | M | 00:34:17 | 4:53 |
| 172 | 312 | RAMOS FERNÁNDEZ, JOSÉ ANTONIO | INDEPENDIENTE | LUGO | VETBM | 33 | M | 00:34:17 | 4:53 |
| 173 | 52 | BREGUA NAVEIRA, PABLO | INDEPENDIENTE | LUGO | VETAM | 68 | M | 00:34:24 | 4:54 |
| 174 | 161 | GONZÁLEZ GIJÓN, HUGO | INDEPENDIENTE | OVIEDO | VETAM | 69 | M | 00:34:28 | 4:55 |
| 175 | 402 | ALVAREZ FERNANDEZ, ADRIAN | INDEPENDIENTE | FOZ | SENIM | 53 | M | 00:34:35 | 4:56 |
| 176 | 401 | PAZ DIAZ, BRAIS | INDEPENDIENTE | FOZ | SENIM | 54 | M | 00:34:36 | 4:56 |
| 177 | 387 | VILLARES PEREZ, CARLOS | INDEPENDIENTE | CERVO | VETAM | 70 | M | 00:34:37 | 4:56 |
| 178 | 355 | SANCHEZ GARCIA, GUILLERMO | ESBARDU | GIJON | VETBM | 34 | M | 00:34:37 | 4:56 |
| 179 | 276 | PALACIOS REY, HUMBERTO | CATACRUNNERS | BURELA | VETAM | 71 | M | 00:34:40 | 4:57 |
| 180 | 143 | GARCÍA EGIDO, JUAN FRANCISCO | INDEPENDIENTE | MADRID | VETBM | 35 | M | 00:34:40 | 4:57 |
| 181 | 439 | LOPEZ RIOPEDRE, JOSE | CLUBE MONTE SEGADÉ LUGO | LUGO | VETBM | 36 | M | 00:34:45 | 4:57 |
| 182 | 440 | IGLESIAS FERNANDEZ, MOISES | INDEPENDIENTE | FAZOURO | VETAM | 72 | M | 00:34:46 | 4:58 |
| 183 | 400 | AGUIRRE ZABALAGA, ARANTXA | INDEPENDIENTE | SEXA -GUIPUZCOA | VETBF | 2 | F | 00:34:48 | 4:58 |
| 184 | 232 | MASEDA CARBALLO, FRANCISCO JAVIER | DREAM TEAM | A CORUÑA | VETAM | 73 | M | 00:34:50 | 4:58 |
| 185 | 234 | MEDRANO HERGUEDAS, CARLOS | INDEPENDIENTE | VALLADOLID | SENIM | 55 | M | 00:34:51 | 4:58 |
| 186 | 221 | MALDONADO SÁNCHEZ, JUAN FÉLIX | INDEPENDIENTE | ALBACETE | VETAM | 74 | M | 00:34:52 | 4:58 |
| 187 | 480 | RODRIGUEZ SAEZ, JOSE IGNACIO | INDEPENDIENTE | OVIEDO | VETBM | 37 | M | 00:34:53 | 4:59 |
| 188 | 57 | CALVIÑO BUGUEIRO, LOLO | INDEPENDIENTE | BERGONDO | VETBM | 38 | M | 00:34:55 | 4:59 |

| Posición | Dorsal | Nombre | Club/Entidad | Localidad | Categoría | Pto. Cat. | Sexo | Tiempo | Min/Km |
|----------|--------|--------------------------------|-------------------------|----------------------|-----------|-----------|------|----------|--------|
| 189 | 470 | PAIN MONSALVE, JUAN MANUEL | INDEPENDIENTE | FOZ | VETAM | 75 | M | 00:34:57 | 4:59 |
| 190 | 147 | GARCÍA ORTEGA, CARLOS | INDEPENDIENTE | LEON | VETBM | 39 | M | 00:34:58 | 4:59 |
| 191 | 28 | ARIAS CEDRÓN, ESTEFANÍA | MONTEPENARUBIA LUGO | LUGO | SENI | 5 | F | 00:34:58 | 4:59 |
| 192 | 72 | CARRALERO CABALLERO, HOSE LUIS | INDEPENDIENTE | TORRES DE LA ALAMEDA | SENI | 56 | M | 00:34:59 | 4:59 |
| 193 | 224 | MARIN PEREZ, MANUEL | OLLLOQII RUNNING | MADRID | VETBM | 40 | M | 00:35:00 | 5:00 |
| 194 | 476 | FERNANDEZ BALSEIRO, HUGO | INDEPENDIENTE | LUGO | SENI | 57 | M | 00:35:02 | 5:00 |
| 195 | 128 | FERNANDEZ VAZQUEZ, ROBERTO | POWERFULL | LUGO | VETAM | 76 | M | 00:35:02 | 5:00 |
| 196 | 7 | ABUÍN LÓPEZ, IVÁN | INDEPENDIENTE | CASTROVERDE | VETAM | 77 | M | 00:35:03 | 5:00 |
| 197 | 391 | VILLAVERDE INFANZÓN, MIRIAM | INDEPENDIENTE | FOZ | VETAF | 7 | F | 00:35:04 | 5:00 |
| 198 | 406 | MUIÑA LÓPEZ, JOSÉ ANTONIO | INDEPENDIENTE | LUGO | VETAM | 78 | M | 00:35:11 | 5:01 |
| 199 | 398 | GARCIA FOLGUEIRA, ICIAR | INDEPENDIENTE | FOZ | VETAF | 8 | F | 00:35:16 | 5:02 |
| 200 | 435 | BERNALDO DE QUIROS, ALVARO | INDEPENDIENTE | BOADILLA DEL MONTE | VETBM | 41 | M | 00:35:20 | 5:02 |
| 201 | 163 | GONZALEZ GUTIERREZ, ALBERTO | INDEPENDIENTE | MADRID | SENI | 58 | M | 00:35:20 | 5:02 |
| 202 | 249 | MORA LAJARÍN, JOSE MANUEL | INDEPENDIENTE | FOZ | VETCM | 10 | M | 00:35:21 | 5:03 |
| 203 | 168 | GONZALEZ SANZ, MANUEL | METROPOLITAN | OVIEDO | VETBM | 42 | M | 00:35:23 | 5:03 |
| 204 | 141 | GARCIA CARBALLO, CONSTANTE | METROPOLITAN | OVIEDO | VETBM | 43 | M | 00:35:23 | 5:03 |
| 205 | 258 | MOSTEIRO, JUAN MANUEL | MIÑO | LUGO | SENI | 59 | M | 00:35:24 | 5:03 |
| 206 | 442 | COUTO MON, JUAN | INDEPENDIENTE | FAZOURO | VETBM | 44 | M | 00:35:25 | 5:03 |
| 207 | 367 | TORRÓN IGLESIAS, LUIS | D | LUGO | VETBM | 45 | M | 00:35:25 | 5:03 |
| 208 | 492 | RODRIGUEZ GARCIA, ANGEL | CLUB CICLISTA FOZ | FOZ | VETAM | 79 | M | 00:35:25 | 5:03 |
| 209 | 172 | GRUÑEIRO IGLESIA, DAVID | INDEPENDIENTE | NS | SENI | 60 | M | 00:35:27 | 5:03 |
| 210 | 93 | DÍAZ CARRO, FABIO | INDEPENDIENTE | NS | SENI | 61 | M | 00:35:27 | 5:03 |
| 211 | 517 | NAVIA, JOSE LUIS | INDEPENDIENTE | RIBADEO | VETBM | 46 | M | 00:35:30 | 5:04 |
| 212 | 130 | FERREIRO PENA, PABLO | PORCOS BRAVOS | LUGO | VETAM | 80 | M | 00:35:32 | 5:04 |
| 213 | 392 | VIZISI RÍO, RAMÓN | A DOLOR | SADA | VETAM | 81 | M | 00:35:34 | 5:04 |
| 214 | 360 | SEOANE CABANOVA, BERTA | INDEPENDIENTE | LUGO | VETAF | 9 | F | 00:35:34 | 5:04 |
| 215 | 338 | RODRIGUEZ PALEO, RAMON | INDEPENDIENTE | FOZ | VETBM | 47 | M | 00:35:36 | 5:05 |
| 216 | 41 | BERMUDEZ BASANTA, JUAN CARLOS | INDEPENDIENTE | BARCELONA | VETCM | 11 | M | 00:35:37 | 5:05 |
| 217 | 290 | PÉREZ LOBERA, RUBÉN | FOZ | FOZ | SENI | 62 | M | 00:35:38 | 5:05 |
| 218 | 174 | HAKOMAKI, MEGAN | INDEPENDIENTE | BRUNETE | SENI | 6 | F | 00:35:38 | 5:05 |
| 219 | 495 | FREIJE LOPEZ, JOSE ANTONIO | CLUBE ATLETISMO RIBADEO | RIBADEO | VETBM | 48 | M | 00:35:39 | 5:05 |
| 220 | 60 | CALVO TEIXIDO, XOSE | INDEPENDIENTE | GUITIRIZ | VETBM | 49 | M | 00:35:46 | 5:06 |
| 221 | 102 | DIEGO GARCIA, JULIO DIEGO | INDEPENDIENTE | ASTURIAS | SENI | 63 | M | 00:35:50 | 5:07 |
| 222 | 181 | IRIMIA SEIJAS, ROBERTO | INDEPENDIENTE | LUGO | VETAM | 82 | M | 00:35:51 | 5:07 |
| 223 | 272 | OTEROS OURAL, MIREIA | TRIASME | BARCELONA | SENI | 7 | F | 00:35:53 | 5:07 |
| 224 | 183 | JIMENEZ GOMEZ, ANA BELEN | INDEPENDIENTE | ZAMORA | VETAF | 10 | F | 00:36:05 | 5:09 |
| 225 | 137 | GALÁN SILVA, MANUEL | INDEPENDIENTE | ZAMORA | VETAM | 83 | M | 00:36:05 | 5:09 |
| 226 | 166 | GONZÁLEZ PÉREZ, JOSE LUIS | FINFLOOR | LUGO | VETAM | 84 | M | 00:36:06 | 5:09 |
| 227 | 281 | PARADA REGO, ÓSCAR | INDEPENDIENTE | RIBEIRA | SENI | 64 | M | 00:36:09 | 5:09 |

| Posición | Dorsal | Nombre | Club/Entidad | Localidad | Categoría | Pto. Cat. | Sexo | Tiempo | Min/Km |
|----------|--------|-------------------------------------|-------------------------|-------------------------|-----------|-----------|------|----------|--------|
| 228 | 423 | ROMO GONZALEZ, JOSE | INDEPENDIENTE | GUADALAJARA | VETAM | 85 | M | 00:36:11 | 5:10 |
| 229 | 506 | ARANGO LOPEZ, CELSO | INDEPENDIENTE | MADRID | VETBM | 50 | M | 00:36:14 | 5:10 |
| 230 | 431 | BODELON LOPEZ, IAGO | INDEPENDIENTE | MADRID | SENIM | 65 | M | 00:36:14 | 5:10 |
| 231 | 235 | MENDEZ FRAGA, JOSE ANTONIO | INDEPENDIENTE | BURGOS | VETCM | 12 | M | 00:36:20 | 5:11 |
| 232 | 246 | MIMOSO BARTOLOME, JONATHAN | INDEPENDIENTE | BEMBIBRE | SENIM | 66 | M | 00:36:21 | 5:11 |
| 233 | 225 | MARIÑA ZURRON LA IGLESIA, FRANCISCO | INDEPENDIENTE | FOZ | VETBM | 51 | M | 00:36:32 | 5:13 |
| 234 | 107 | ENTRENA REGO, ISMAEL | INDEPENDIENTE | FOZ | VETAM | 86 | M | 00:36:32 | 5:13 |
| 235 | 13 | ALONSO CALO, FERMIN | INDEPENDIENTE | OVIEDO | VETBM | 52 | M | 00:36:32 | 5:13 |
| 236 | 421 | MARTINEZ MENDEZ, VICTOR | INDEPENDIENTE | FOZ | SENIM | 67 | M | 00:36:33 | 5:13 |
| 237 | 462 | MONTANER VIDAL, CONCHI | A.D SAN BURIEL - MADRID | A.D SAN BURIEL - MADRID | VETAF | 11 | F | 00:36:39 | 5:14 |
| 238 | 179 | IGLESIAS BEDIA, JOSE CARLOS | INDEPENDIENTE | FOZ | VETAM | 87 | M | 00:36:39 | 5:14 |
| 239 | 477 | EIJO GIL, ANTON | INDEPENDIENTE | FOZ | SENIM | 68 | M | 00:36:50 | 5:15 |
| 240 | 152 | GOMEZ COUTO, DIEGO | MARTINEZ OTERO | FOZ | SENIM | 69 | M | 00:36:53 | 5:16 |
| 241 | 118 | FERNANDEZ MANCHADO, RAUL | ARRASATE | MONDRAGON | VETAM | 88 | M | 00:36:54 | 5:16 |
| 242 | 190 | LAMOCA REBOLLO, ALBERTO | INDEPENDIENTE | VALLADOLID | SENIM | 70 | M | 00:36:56 | 5:16 |
| 243 | 452 | DIAZ PRADO, RUBEN | INDEPENDIENTE | FOZ | SENIM | 71 | M | 00:37:00 | 5:17 |
| 244 | 76 | CASTRO GARCÍA, RUBÉN | INDEPENDIENTE | VALLADOLID | SENIM | 72 | M | 00:37:07 | 5:18 |
| 245 | 299 | PORTERO VAZQUEZ, NATALIA | INDEPENDIENTE | BARCELONA | SENIF | 8 | F | 00:37:07 | 5:18 |
| 246 | 150 | GESTO VILLARIÑO, OSKAR | INDEPENDIENTE | BARAKALDO | VETAM | 89 | M | 00:37:09 | 5:18 |
| 247 | 154 | GOMEZ MARTÍNEZ, ALFONSO | INDEPENDIENTE | FOZ | SENIM | 73 | M | 00:37:17 | 5:19 |
| 248 | 142 | GARCIA DORADO, FRANCISCO JAVIER | INDEPENDIENTE | MEDINA DEL CAMPO | VETAM | 90 | M | 00:37:17 | 5:19 |
| 249 | 317 | REYES PECHARROMAN, ALEJANDRO | INDEPENDIENTE | MADRID | VETCM | 13 | M | 00:37:21 | 5:20 |
| 250 | 226 | MARQUEZ LASTRA, JUAN MANUEL | INDEPENDIENTE | OVIEDO | VETAM | 91 | M | 00:37:21 | 5:20 |
| 251 | 12 | ALFAGEME BRAGADO, ABILIO | INDEPENDIENTE | VITORIA | VETCM | 14 | M | 00:37:21 | 5:20 |
| 252 | 437 | PEREZ OTERO, JESUS | INDEPENDIENTE | VIGO | VETAM | 92 | M | 00:37:22 | 5:20 |
| 253 | 483 | RIVAS SANTE, ADRIAN | INDEPENDIENTE | FOZ | SENIM | 74 | M | 00:37:23 | 5:20 |
| 254 | 37 | BALSEIRO PITA, CRISTÓBAL | INDEPENDIENTE | BURELA | VETBM | 53 | M | 00:37:23 | 5:20 |
| 255 | 187 | LAGO LAMAS, FERNANDO | INDEPENDIENTE | OVIEDO | VETAM | 93 | M | 00:37:26 | 5:20 |
| 256 | 433 | FERNANDEZ HORTELANO, AGUSTIN | INDEPENDIENTE | MADRID | VETBM | 54 | M | 00:37:29 | 5:21 |
| 257 | 238 | MENENDEZ MESA, GABRIEL | INDEPENDIENTE | CORUÑA | VETBM | 55 | M | 00:37:32 | 5:21 |
| 258 | 346 | ROJAS, ALBERTO | INDEPENDIENTE | TORREJON DE ARDOZ | VETAM | 94 | M | 00:37:42 | 5:23 |
| 259 | 84 | COUCE BOUZA, MANUEL | INDEPENDIENTE | LUGO | VETBF | 3 | F | 00:37:46 | 5:23 |
| 260 | 453 | MARTINEZ PARAPAR, ALEJANDRO | INDEPENDIENTE | FOZ | SENIM | 75 | M | 00:37:50 | 5:24 |
| 261 | 488 | DE LA BARRERA CABANA, JOSÉ EVELIO | INDEPENDIENTE | FOZ | VETAM | 95 | M | 00:37:58 | 5:25 |
| 262 | 287 | PAZ SIXTO, MIGUEL | TOXIZA CLASSIC XTREME | MONDOÑEDO | SENIM | 76 | M | 00:38:03 | 5:26 |
| 263 | 110 | FARRACES DIAZ, RAUL | INDEPENDIENTE | MADRID | VETAM | 96 | M | 00:38:05 | 5:26 |
| 264 | 97 | DIAZ LOPEZ, ELI | ATLETISMO RIBADEO | RIBADEO | SENIF | 9 | F | 00:38:11 | 5:27 |
| 265 | 322 | RIVERA ARNAN, MARIA | INDEPENDIENTE | FOZ | SENIF | 10 | F | 00:38:13 | 5:27 |
| 266 | 365 | SUAREZ MORAN, EMILIO | INDEPENDIENTE | LEÓN | VETCM | 15 | M | 00:38:13 | 5:27 |

| Posición | Dorsal | Nombre | Club/Entidad | Localidad | Categoría | Pto. Cat. | Sexo | Tiempo | Min/Km |
|----------|--------|----------------------------------|-------------------------|--------------|-----------|-----------|------|----------|--------|
| 267 | 515 | ARCOCHA IDIAGUEZ, DOMINGO | INDEPENDIENTE | ONDARRUA | VETBM | 56 | M | 00:38:14 | 5:27 |
| 268 | 53 | BRIONES MONTES, ANA MARIA | INDEPENDIENTE | CANGAS (FOZ) | VETBF | 4 | F | 00:38:15 | 5:27 |
| 269 | 311 | RAMOS ALONSO, VICTOR MANUEL | INDEPENDIENTE | FOZ | VETAM | 97 | M | 00:38:17 | 5:28 |
| 270 | 385 | VILLALBA PEREZ, EUGENIO | ED LOURENZÁ | FOZ | VETAM | 98 | M | 00:38:20 | 5:28 |
| 271 | 343 | RODRIGUEZ SANTABARBARA, GUIOMAR | INDEPENDIENTE | GIJON | VETBF | 5 | F | 00:38:20 | 5:28 |
| 272 | 191 | LEIRADO RIVEIRO, ANNA | INDEPENDIENTE | PUIGCERDÁ | VETAF | 12 | F | 00:38:26 | 5:29 |
| 273 | 158 | GOMEZ ZAS, PABLO | INDEPENDIENTE | FOZ | SENIM | 77 | M | 00:38:34 | 5:30 |
| 274 | 504 | RODRIGUEZ LOPEZ, ANTONIO | INDEPENDIENTE | MADRID | VETAM | 99 | M | 00:38:38 | 5:31 |
| 275 | 155 | GOMEZ NUÑEZ, TERE | INDEPENDIENTE | BARCELONA | VETBF | 6 | F | 00:38:39 | 5:31 |
| 276 | 199 | LOPEZ DELGADO, ENRIQUE | INDEPENDIENTE | VALLADOLID | VETCM | 16 | M | 00:38:40 | 5:31 |
| 277 | 464 | MORENO GONZALEZ, SUSANA | INDEPENDIENTE | MADRID | SENIF | 11 | F | 00:38:43 | 5:31 |
| 278 | 242 | MIELGO CARREÑO, ROBERTO | ATLETISMO VALLADOLID | VALLADOLID | VETBM | 57 | M | 00:38:45 | 5:32 |
| 279 | 432 | FERNANDEZ LONGARELA, ADRIAN | INDEPENDIENTE | MADRID | SENIM | 78 | M | 00:38:47 | 5:32 |
| 280 | 413 | SUÁREZ SÁNCHEZ, JOSE ANTONIO | INDEPENDIENTE | OVIEDO | VETCM | 17 | M | 00:38:50 | 5:32 |
| 281 | 301 | POYATOS PEREZ, ROCIO | INDEPENDIENTE | JAEN | VETAF | 13 | F | 00:38:59 | 5:34 |
| 282 | 268 | OTERO DIAZ, PABLO | INDEPENDIENTE | NOIS | VETAM | 100 | M | 00:39:00 | 5:34 |
| 283 | 410 | DIAZ MENENDEZ, ANTONIO | INDEPENDIENTE | MIERES | VETCM | 18 | M | 00:39:00 | 5:34 |
| 284 | 331 | RODRIGUEZ FERRO, PATRICIA | INDEPENDIENTE | LUGO | SENIF | 12 | F | 00:39:01 | 5:34 |
| 285 | 390 | VILLAVARDE INFANZÓN, FERNANDO | INDEPENDIENTE | FOZ | VETBM | 58 | M | 00:39:12 | 5:36 |
| 286 | 358 | SANTAMARINA MONTILA, SUSANA | INDEPENDIENTE | OVIEDO | VETBF | 7 | F | 00:39:16 | 5:36 |
| 287 | 208 | LOPEZ GARCIA, YESICA | INDEPENDIENTE | ASTURIAS | SENIF | 13 | F | 00:39:22 | 5:37 |
| 288 | 95 | DIAZ FERNANDEZ, JAVIER | INDEPENDIENTE | FOZ | SENIM | 79 | M | 00:39:29 | 5:38 |
| 289 | 120 | FERNÁNDEZ NEIRA, ÁNGEL | CLUB CLICLISTA FOZ | FOZ | SENIM | 80 | M | 00:39:30 | 5:38 |
| 290 | 469 | PAIN MONSALVE, PABLO | INDEPENDIENTE | FOZ | VETAM | 101 | M | 00:39:32 | 5:38 |
| 291 | 261 | NAVAS LOPEZ, ANDRES | INDEPENDIENTE | LUGO | VETAM | 102 | M | 00:39:37 | 5:39 |
| 292 | 140 | GARCIA CALVO, LUIS | BIKILA | MADRID | VETCM | 19 | M | 00:39:40 | 5:40 |
| 293 | 26 | ANTOLIN SUAREZ, JAVIER | INDEPENDIENTE | GIJON | VETAM | 103 | M | 00:39:43 | 5:40 |
| 294 | 203 | LÓPEZ DINIZ, CARMEN | E.D. LOURENZÁ | LOURENZÁ | SENIF | 14 | F | 00:39:44 | 5:40 |
| 295 | 408 | BLANCO REDONDO, GUSTAVO | INDEPENDIENTE | VALLADOLID | VETAM | 104 | M | 00:39:45 | 5:40 |
| 296 | 82 | CHIQUERO GARRIDO, MANUEL | INDEPENDIENTE | MADRID | VETBM | 59 | M | 00:39:49 | 5:41 |
| 297 | 318 | RIO VEIGA, GONZALO | INDEPENDIENTE | FOZ | VETAM | 105 | M | 00:39:50 | 5:41 |
| 298 | 264 | NIÑE OTERO, JAVIER | CAMPO DA CABANA | FOZ | VETAM | 106 | M | 00:39:52 | 5:41 |
| 299 | 376 | VALIÑO CASTEDO, JOSE LUIS | MARZO SAUDE | CASTROVERDE | SENIM | 81 | M | 00:39:52 | 5:41 |
| 300 | 156 | GOMEZ PALLIN, ALBA | MARZO SAUDE | CASTROVERDE | SENIF | 15 | F | 00:39:53 | 5:41 |
| 301 | 94 | DIAZ FERNANDEZ, IAGO | INDEPENDIENTE | FOZ | SENIM | 82 | M | 00:39:57 | 5:42 |
| 302 | 233 | MASEDA FERNANDEZ, EMILIO | INDEPENDIENTE | FOZ | VETBM | 60 | M | 00:39:59 | 5:42 |
| 303 | 116 | FERNANDEZ LESTEGAS, JESUS MANUEL | INDEPENDIENTE | FOZ | VETCM | 20 | M | 00:40:00 | 5:42 |
| 304 | 209 | LOPEZ GAVIN, JOSE | CLUB ATLETISMO LOURENZA | VEGADEO | VETAM | 107 | M | 00:40:02 | 5:43 |
| 305 | 18 | ALONSO ZAMORA, NIEVES | INDEPENDIENTE | TRES CANTOS | VETAF | 14 | F | 00:40:05 | 5:43 |

| Posición | Dorsal | Nombre | Club/Entidad | Localidad | Categoría | Pto. Cat. | Sexo | Tiempo | Min/Km |
|----------|--------|-----------------------------------|----------------------|----------------------|-----------|-----------|------|----------|--------|
| 306 | 144 | GARCÍA FERREIRO, ELISA | ATLETISMO VALLADOLID | VALLADOLID | VETBF | 8 | F | 00:40:13 | 5:44 |
| 307 | 516 | TEIJEIRA RAMOS, ANDRES | INDEPENDIENTE | FOZ | VETAM | 108 | M | 00:40:13 | 5:44 |
| 308 | 269 | OTERO MARTINEZ, FRANCISCO JAVIER | INDEPENDIENTE | FERREIRA DO VALADOUF | VETAM | 109 | M | 00:40:13 | 5:44 |
| 309 | 273 | OTEROS VALCARCE, GUILLERMO | TRIASME | BARCELONA | VETBM | 61 | M | 00:40:14 | 5:44 |
| 310 | 319 | RIVAS, MARCOS | INDEPENDIENTE | FOZ | SENIM | 83 | M | 00:40:17 | 5:45 |
| 311 | 426 | DOMINGUEZ HERNANDEZ, JOSE IGNACIO | INDEPENDIENTE | MADRID | VETBM | 62 | M | 00:40:19 | 5:45 |
| 312 | 310 | RABADE BLANCO, MARIN | INDEPENDIENTE | LUGO | VETAM | 110 | M | 00:40:20 | 5:45 |
| 313 | 210 | LOPEZ LOPEZ, OLGA | INDEPENDIENTE | MEIRA LUGO | VETBF | 9 | F | 00:40:23 | 5:46 |
| 314 | 325 | RODAO LAZARO, LOURDES | SPORTING SEGOVIA | SEGOVIA | VETBF | 10 | F | 00:40:24 | 5:46 |
| 315 | 332 | RODRIGUEZ GARCÍA, SANTIAGO | INDEPENDIENTE | FOZ | VETAM | 111 | M | 00:40:27 | 5:46 |
| 316 | 68 | CAO REGO, DIEGO | INDEPENDIENTE | FOZ | SENIM | 84 | M | 00:40:32 | 5:47 |
| 317 | 240 | MICHAVILA LOPEZ, MARTA | INDEPENDIENTE | ZARAGOZA | SENIF | 16 | F | 00:40:32 | 5:47 |
| 318 | 259 | MUÑOZ DE LA FUENTE, INMACULADA | INDEPENDIENTE | LEON | VETAF | 15 | F | 00:40:34 | 5:47 |
| 319 | 244 | MIGUEZ CHAO, RAQUEL | EGOVARROS | VIVEIRO | VETAF | 16 | F | 00:40:34 | 5:47 |
| 320 | 243 | MIGUEZ CHAO, MARTA MARIA | EGOVARROS | VIVEIRO | VETBF | 11 | F | 00:40:34 | 5:47 |
| 321 | 207 | LOPEZ GARCIA, EVA | INDEPENDIENTE | MADRID | VETAF | 17 | F | 00:40:37 | 5:48 |
| 322 | 91 | DEVESA, CARLOS | O PELOLO | FOZ | VETAM | 112 | M | 00:40:39 | 5:48 |
| 323 | 396 | SUAREZ LAURES, ANA MARIA | INDEPENDIENTE | OVIEDO | VETBF | 12 | F | 00:40:42 | 5:48 |
| 324 | 298 | PIÑEIROA REGO, CRISTINA | INDEPENDIENTE | BURELA | SENIF | 17 | F | 00:40:47 | 5:49 |
| 325 | 29 | ARIAS FRANCO, IBAN | INDEPENDIENTE | BARREIROS | SENIM | 85 | M | 00:40:48 | 5:49 |
| 326 | 270 | OTERO MOIRÓN, SILVIA | INDEPENDIENTE | BARREIROS | SENIF | 18 | F | 00:40:50 | 5:50 |
| 327 | 443 | HITA PEREZ, BEGOÑA | INDEPENDIENTE | MADRID | SENIF | 19 | F | 00:41:05 | 5:52 |
| 328 | 315 | REGUERA NADELA, PILI | INDEPENDIENTE | LUGO | VETBF | 13 | F | 00:41:09 | 5:52 |
| 329 | 176 | HEVIA MEANA, VIRGINIA | METROPOLITAN | GIJON | SENIF | 20 | F | 00:41:11 | 5:53 |
| 330 | 487 | FERNANDEZ RODRIGUEZ, JOSE IGNACIO | INDEPENDIENTE | MIERES | VETAM | 113 | M | 00:41:14 | 5:53 |
| 331 | 415 | GARCIA BURGO, RAMON | INDEPENDIENTE | LUGO | VETAM | 114 | M | 00:41:15 | 5:53 |
| 332 | 277 | PALEO LOPEZ, MARÍA TERESA | INDEPENDIENTE | FOZ | VETBF | 14 | F | 00:41:18 | 5:54 |
| 333 | 135 | FRANCO VEIGA, MIGUEL | INDEPENDIENTE | FOZ | VETBM | 63 | M | 00:41:19 | 5:54 |
| 334 | 90 | DEL RIEGO CANDIA, NURIA | INDEPENDIENTE | FOZ | VETBF | 15 | F | 00:41:19 | 5:54 |
| 335 | 101 | DIAZ VILLARINO, LUIS | INDEPENDIENTE | SAN SADURNIÑO | VETAM | 115 | M | 00:41:29 | 5:55 |
| 336 | 86 | CRESPO PAZOS, PAULA | INDEPENDIENTE | SAN SADURNIÑO | VETAF | 18 | F | 00:41:29 | 5:55 |
| 337 | 256 | MOSQUERA, ALBERTO | INDEPENDIENTE | FOZ | VETAM | 116 | M | 00:41:31 | 5:55 |
| 338 | 222 | MARFUL ABA, RAFAEL | INDEPENDIENTE | FOZ | SENIM | 86 | M | 00:41:32 | 5:56 |
| 339 | 85 | COUREL REPISO, LUIS | INDEPENDIENTE | FOZ | SENIM | 87 | M | 00:41:39 | 5:57 |
| 340 | 6 | ABELLA GONZÁLEZ, ALVARO | PIPELINE | FOZ | SENIM | 88 | M | 00:41:39 | 5:57 |
| 341 | 132 | FRAGA LOPEZ, ANGELES | GACELAS DE LLAS | FOZ | VETAF | 19 | F | 00:41:41 | 5:57 |
| 342 | 47 | BOLADO SAN MARTÍN, ENRIQUE | GACELAS DE LLAS | FOZ | VETAM | 117 | M | 00:41:41 | 5:57 |
| 343 | 262 | NEIRA FERNÁNDEZ, DOLORES MARÍA | INDEPENDIENTE | FOZ | VETBF | 16 | F | 00:41:42 | 5:57 |
| 344 | 48 | BOUSO RIVAS, TAMARA | INDEPENDIENTE | A PASTORIZA | SENIF | 21 | F | 00:41:47 | 5:58 |

| Posición | Dorsal | Nombre | Club/Entidad | Localidad | Categoría | Pto. Cat. | Sexo | Tiempo | Min/Km |
|----------|--------|---------------------------------|-----------------------------|--------------------|-----------|-----------|------|----------|--------|
| 345 | 114 | FERNÁNDEZ GARCÍA, ENRIQUE | INDEPENDIENTE | A PASTORIZA | SENIM | 89 | M | 00:41:48 | 5:58 |
| 346 | 411 | SUAREZ ARBESÚ, LAURA | INDEPENDIENTE | OVIEDO | VETAF | 20 | F | 00:41:48 | 5:58 |
| 347 | 412 | LASTRA CUEVA, LUIS | INDEPENDIENTE | OVIEDO | VETAM | 118 | M | 00:41:49 | 5:58 |
| 348 | 380 | VERDEAL, EDUARDO | INDEPENDIENTE | MADRID | VETBM | 64 | M | 00:41:52 | 5:58 |
| 349 | 157 | GÓMEZ TRUEBA, PAULA | MICASA | MADRID | SENI | 22 | F | 00:41:56 | 5:59 |
| 350 | 195 | LÓPEZ ALONSO, BALBINO | MICASA | FOZ | VETAM | 119 | M | 00:41:57 | 5:59 |
| 351 | 17 | ALONSO SUAREZ, CARMEN | INDEPENDIENTE | OVIEDO | SENI | 23 | F | 00:41:58 | 5:59 |
| 352 | 304 | PRADO PRADO, SONIA | EA LUCENSE | LUGO | VETAF | 21 | F | 00:41:59 | 5:59 |
| 353 | 507 | RATOEIRA, MOISES | INDEPENDIENTE | ALFOZ | VETAM | 120 | M | 00:42:00 | 6:00 |
| 354 | 336 | RODRIGUEZ MUINELO, CARMEN | INDEPENDIENTE | CASTRO DE REI | SENI | 24 | F | 00:42:03 | 6:00 |
| 355 | 481 | REY LAGE, LARA | INDEPENDIENTE | FOZ | VETAF | 22 | F | 00:42:04 | 6:00 |
| 356 | 503 | ALVAREZ, ANDREA | INDEPENDIENTE | FOZ | SENI | 25 | F | 00:42:09 | 6:01 |
| 357 | 502 | REINARES, EDUARDO | INDEPENDIENTE | LOGROÑO | VETAM | 121 | M | 00:42:09 | 6:01 |
| 358 | 185 | KLEIN LOPEZ, JULIO CESAR | INDEPENDIENTE | LUGO | VETBM | 65 | M | 00:42:12 | 6:01 |
| 359 | 173 | GUERRA HERAS, SANTIAGO | INDEPENDIENTE | MADRID | VETAM | 122 | M | 00:42:15 | 6:02 |
| 360 | 145 | GARCIA GARCIA, SANDRA | INDEPENDIENTE | ASTURIAS | VETAF | 23 | F | 00:42:19 | 6:02 |
| 361 | 366 | TORRE GARCIA, ALEJANDRO | INDEPENDIENTE | ASTURIAS | VETAM | 123 | M | 00:42:20 | 6:02 |
| 362 | 371 | URIA FERNÁNDEZ, CARMEN | CRLM | CANGAS DEL NARCEA | VETBF | 17 | F | 00:42:25 | 6:03 |
| 363 | 217 | LÓPEZ TRABADO, BEATRIZ | RIOS RUNNING LES FRANQUESES | GRANOLLERS | VETAF | 24 | F | 00:42:25 | 6:03 |
| 364 | 34 | BAENA MOURO, CONCHI | INDEPENDIENTE | MADRID | VETBF | 18 | F | 00:42:33 | 6:04 |
| 365 | 397 | ALONSO SUÁREZ, LAURA | INDEPENDIENTE | OVIEDO | SENI | 26 | F | 00:42:33 | 6:04 |
| 366 | 164 | GONZALEZ IGLESIAS, CARMEN MARÍA | YES WE RUN | AVILES | VETBF | 19 | F | 00:42:37 | 6:05 |
| 367 | 257 | MOSQUERA NOVO, MARIO | INDEPENDIENTE | FOZ | VETAM | 124 | M | 00:42:42 | 6:06 |
| 368 | 498 | ALONSO, MARGARITA | CLUB LA BAÑEZA | SAN JUSTO, LEON | VETBF | 20 | F | 00:42:51 | 6:07 |
| 369 | 126 | FERNANDEZ RODRIGUEZ, IKER | ITSASALDE | SANTURTZI | VETAM | 125 | M | 00:42:54 | 6:07 |
| 370 | 25 | AMASUNO MARTIN, ALEJANDRA | INDEPENDIENTE | FOZ | VETAF | 25 | F | 00:43:05 | 6:09 |
| 371 | 339 | RODRÍGUEZ PEREIRA, LAURA | INDEPENDIENTE | LUGO | SENI | 27 | F | 00:43:07 | 6:09 |
| 372 | 340 | RODRÍGUEZ PEREIRA, PILAR | INDEPENDIENTE | LUGO | SENI | 28 | F | 00:43:09 | 6:09 |
| 373 | 231 | MARTINEZ RON, JAVIER | INDEPENDIENTE | BARCELONA | VETBM | 66 | M | 00:43:11 | 6:10 |
| 374 | 478 | ESTEVEZ GAYOSO, ADRIAN | INDEPENDIENTE | LUGO | SENIM | 90 | M | 00:43:17 | 6:11 |
| 375 | 278 | PALMEIRO SAMPAYO, VIRGINIA | INDEPENDIENTE | FOZ | SENI | 29 | F | 00:43:17 | 6:11 |
| 376 | 96 | DÍAZ FERNANDEZ, PACO | INDEPENDIENTE | FOZ | VETAM | 126 | M | 00:43:20 | 6:11 |
| 377 | 241 | MIEITES BASTIDA, LORETO | INDEPENDIENTE | FOZ | VETAF | 26 | F | 00:43:21 | 6:11 |
| 378 | 501 | FEITO RODRIGUEZ, ANGEL | INDEPENDIENTE | MADRID | VETAM | 127 | M | 00:43:22 | 6:11 |
| 379 | 436 | MOYA PUENTE, AIDA | INDEPENDIENTE | BARCELONA | VETBF | 21 | F | 00:43:27 | 6:12 |
| 380 | 44 | BERNAL GOMEZ, JESUS | INDEPENDIENTE | FERROL | VETCM | 21 | M | 00:43:29 | 6:12 |
| 381 | 420 | REPRESAS PEREIRA, DAVID | INDEPENDIENTE | SALCEDA DE CASELAS | SENIM | 91 | M | 00:43:35 | 6:13 |
| 382 | 178 | HOLGUIN FERNANDEZ, PATRICIA | INDEPENDIENTE | MADRID | VETAF | 27 | F | 00:43:39 | 6:14 |
| 383 | 295 | PEREZ VEIGA, ANA MARIA | MARZO SAUDE | 29/10/1965 | VETBF | 22 | F | 00:43:47 | 6:15 |

| Posición | Dorsal | Nombre | Club/Entidad | Localidad | Categoría | Pto. Cat. | Sexo | Tiempo | Min/Km |
|----------|--------|---------------------------------|------------------------|-----------------------|-----------|-----------|------|----------|--------|
| 384 | 292 | PEREZ ROMERO, RICARDO | INDEPENDIENTE | SAN SADURNIÑO | VETAM | 128 | M | 00:43:51 | 6:15 |
| 385 | 184 | JUNQUERA MARTIN, JORGE | INDEPENDIENTE | MADRID | VETAM | 129 | M | 00:43:54 | 6:16 |
| 386 | 267 | ORRACA MORO, ROSA | CRLM | CANGAS DEL NARCEA | VETBF | 23 | F | 00:43:55 | 6:16 |
| 387 | 382 | VICENTE HERNÁNDEZ, LUIS | INDEPENDIENTE | MOSTOLES | VETBM | 67 | M | 00:43:57 | 6:16 |
| 388 | 167 | GONZALEZ SANTEIRO, MARIA ISABEL | INDEPENDIENTE | SAINT BOI DE LLOBREGA | VETBF | 24 | F | 00:44:06 | 6:18 |
| 389 | 63 | CAMPELLO GARCIA, MARCOS | INDEPENDIENTE | OVIEDO | SENIM | 92 | M | 00:44:13 | 6:19 |
| 390 | 428 | PRIETO LONGARELA, MARIA | INDEPENDIENTE | MADRID | SENIF | 30 | F | 00:44:23 | 6:20 |
| 391 | 162 | GONZALEZ GONZALEZ, LUCIA | INDEPENDIENTE | LUGO | SENIF | 31 | F | 00:44:30 | 6:21 |
| 392 | 138 | GALLEGO EDROSA, IVAN | INDEPENDIENTE | LUGO | SENIM | 93 | M | 00:44:31 | 6:21 |
| 393 | 265 | NIÑE REIGOSA, MARCELINO | INDEPENDIENTE | SAINT BOI DE LLOBREGA | VETBM | 68 | M | 00:44:45 | 6:23 |
| 394 | 409 | REDONDO ACEBES, JESUS | INDEPENDIENTE | VALLADOLID | VETBM | 69 | M | 00:44:51 | 6:24 |
| 395 | 58 | CALVO ALVAREZ, SUSANA | INDEPENDIENTE | MADRID | VETAF | 28 | F | 00:45:08 | 6:26 |
| 396 | 305 | PRENDES MENENDEZ, VERONICA | INDEPENDIENTE | FOZ | VETAF | 29 | F | 00:45:17 | 6:28 |
| 397 | 223 | MARIN JIMENEZ, CARMEN | INDEPENDIENTE | FOZ | VETCF | 1 | F | 00:45:19 | 6:28 |
| 398 | 40 | BECARES RODRIGUEZ, LAURA | INDEPENDIENTE | OVIEDO | SENIF | 32 | F | 00:45:23 | 6:29 |
| 399 | 193 | LOPES SARAIVA, EDIAMA | INDEPENDIENTE | FOZ | SENIF | 33 | F | 00:45:24 | 6:29 |
| 400 | 357 | SANROMAN SALMADOR, EDUARDO | INDEPENDIENTE | BARCELONA | SENIM | 94 | M | 00:45:24 | 6:29 |
| 401 | 347 | ROMERO UGARTE, CARMEN | INDEPENDIENTE | BARCELONA | SENIF | 34 | F | 00:45:24 | 6:29 |
| 402 | 204 | LOPEZ FERNANDEZ, PAMELA | INDEPENDIENTE | FOZ | SENIF | 35 | F | 00:45:25 | 6:29 |
| 403 | 20 | ALVAREZ FREIRE, COVADONGA | INDEPENDIENTE | FERROL | SENIF | 36 | F | 00:45:26 | 6:29 |
| 404 | 165 | GONZALEZ NORIEGA, ALBERTO | INDEPENDIENTE | GIJON | VETAM | 130 | M | 00:45:27 | 6:29 |
| 405 | 280 | PAMIES, PASCAL | INDEPENDIENTE | FOZ | VETAM | 131 | M | 00:45:32 | 6:30 |
| 406 | 42 | BERMÚDEZ CARBALLAL, MAYRA | DEPORTISTAS AMBULANTES | BERIÁIN | VETAF | 30 | F | 00:45:45 | 6:32 |
| 407 | 239 | MEZQUITA ADÁN, JOSÉ ANTONIO | DEPORTISTAS AMBULANTES | BERIÁIN | VETAM | 132 | M | 00:45:45 | 6:32 |
| 408 | 459 | JUNOY GUTIERREZ, PABLO | INDEPENDIENTE | MADRID | SENIM | 95 | M | 00:45:46 | 6:32 |
| 409 | 484 | HERNANDEZ DIAZ, MIGUEL | INDEPENDIENTE | MADRID | SENIM | 96 | M | 00:45:51 | 6:33 |
| 410 | 377 | VAZQUEZ MEITÍN-CASAS, YOLANDA | INDEPENDIENTE | FOZ | VETAF | 31 | F | 00:45:55 | 6:33 |
| 411 | 458 | JUNOY GUTIERREZ, NEREA | INDEPENDIENTE | MADRID | SENIF | 37 | F | 00:45:55 | 6:33 |
| 412 | 56 | CALVECHE BORRONCO, HUGO | MARTINEZ OTERO | BURELA | SENIM | 97 | M | 00:45:56 | 6:33 |
| 413 | 98 | DÍAZ MONTERO, ELVIRA | INDEPENDIENTE | SAN SADURNIÑO | VETAF | 32 | F | 00:46:05 | 6:35 |
| 414 | 429 | PRIETO LONGARELA, PATRICIA | INDEPENDIENTE | MADRID | SENIF | 38 | F | 00:46:06 | 6:35 |
| 415 | 356 | SANCHEZ HERNANDEZ, ALEJANDRO | INDEPENDIENTE | MADRID | SENIM | 98 | M | 00:46:11 | 6:35 |
| 416 | 300 | POVEDA GOMEZ, VICENTE | CARRERA PERPEIVA | MADRID | VETBM | 70 | M | 00:46:53 | 6:41 |
| 417 | 444 | MINGUEZ GRACIA, BORJA | INDEPENDIENTE | MADRID | SENIM | 99 | M | 00:47:05 | 6:43 |
| 418 | 450 | CARBAJO GESTAL, MONICA | INDEPENDIENTE | AVILÉS | VETAF | 33 | F | 00:47:19 | 6:45 |
| 419 | 260 | NAVALPOTRO MATAMALA, EUGENIO | INDEPENDIENTE | FOZ | VETCM | 22 | M | 00:47:20 | 6:45 |
| 420 | 404 | FONSECA PÉREZ, SOFIA | INDEPENDIENTE | ARANJUEZ | SENIF | 39 | F | 00:47:21 | 6:45 |
| 421 | 395 | ESTREMER GOLVANO, JESÚS | INDEPENDIENTE | MADRID | VETBM | 71 | M | 00:47:47 | 6:49 |
| 422 | 372 | UYARRA MARÍN, SERGIO | INDEPENDIENTE | FOZ | VETAM | 133 | M | 00:48:11 | 6:53 |

| Posición | Dorsal | Nombre | Club/Entidad | Localidad | Categoría | Pto. Cat. | Sexo | Tiempo | Min/Km |
|----------|--------|---------------------------------|-------------------------|----------------------|-----------|-----------|------|----------|--------|
| 423 | 24 | ALVAREZ RUIZ, MARIA JOSE | INDEPENDIENTE | FOZ | VETBF | 25 | F | 00:48:18 | 6:54 |
| 424 | 78 | CELADA DIAZ, MARISA | ESCOLA ATLÉTICA LUCENSE | LUGO | VETBF | 26 | F | 00:48:21 | 6:54 |
| 425 | 46 | BOISSELIER, PHILIPPE | CLOVIS CLUB VOUILLÉ | CHEF BOUTONNE | VETCM | 23 | M | 00:48:22 | 6:54 |
| 426 | 45 | BOISSELIER, BERTRAND | NEUILLY | PARIS | VETBM | 72 | M | 00:48:22 | 6:54 |
| 427 | 70 | CARDOZO ROSA, CARLOS FERNANDO | INDEPENDIENTE | URUGUAY | VETBM | 73 | M | 00:48:30 | 6:55 |
| 428 | 113 | FERNANDEZ FERNANDEZ, PATRICIA | INDEPENDIENTE | FOZ | VETAF | 34 | F | 00:48:31 | 6:55 |
| 429 | 81 | CHAO VEIGA, MIGUEL | INDEPENDIENTE | LUGO | VETBM | 74 | M | 00:48:33 | 6:56 |
| 430 | 79 | CHAO PEREZ, LUCA | INDEPENDIENTE | LUGO | SENIM | 100 | M | 00:48:33 | 6:56 |
| 431 | 282 | PARDIÑAS VEGA, CONCHI | INDEPENDIENTE | ALFOZ | SENIF | 40 | F | 00:48:47 | 6:58 |
| 432 | 148 | GARCÍA POLO, ALEJANDRO | INDEPENDIENTE | PINTO | VETAM | 134 | M | 00:49:07 | 7:01 |
| 433 | 103 | DIEZ LLUVERO, FRANCISCO JAVIER | INDEPENDIENTE | MADRID | VETBM | 75 | M | 00:49:13 | 7:01 |
| 434 | 108 | ESTEVEZ LOPEZ, JOSE ANTONIO | INDEPENDIENTE | LUGO | VETAM | 135 | M | 00:49:14 | 7:02 |
| 435 | 80 | CHAO SEIJO, BEATRIZ | INDEPENDIENTE | VICTORIA | VETAF | 35 | F | 00:50:04 | 7:09 |
| 436 | 419 | PEREIRA MOLARES, MANUEL | INDEPENDIENTE | SALCEDA DE CASELAS | VETCM | 24 | M | 00:50:09 | 7:09 |
| 437 | 460 | DOMINGUEZ GONZALEZ, PAULA | INDEPENDIENTE | GETAFE | SENIF | 41 | F | 00:50:12 | 7:10 |
| 438 | 214 | LOPEZ OCAMPO, MARTA | INDEPENDIENTE | BARREIROS | SENIF | 42 | F | 00:50:32 | 7:13 |
| 439 | 196 | LÓPEZ ALONSO, MARÍA JESÚS | MICASA | FOZ | VETAF | 36 | F | 00:51:14 | 7:19 |
| 440 | 508 | PEREZ CAO, FRANCISCO | INDEPENDIENTE | FOZ | VETAM | 136 | M | 00:51:15 | 7:19 |
| 441 | 308 | PY DE PORRAS, JUAN IGNACIO | MICASA | JEREZ DE LA FRONTERA | VETAM | 137 | M | 00:51:16 | 7:19 |
| 442 | 252 | MOREDA LEIRADO, MARÍA LUISA | INDEPENDIENTE | FOZ | SENIF | 43 | F | 00:51:18 | 7:19 |
| 443 | 134 | FRANCO CANOURA, MARTA | INDEPENDIENTE | RIO COBO | SENIF | 44 | F | 00:51:25 | 7:20 |
| 444 | 294 | PEREZ SOLERO, DANIELA | EL SEK | MADRID | SENIF | 45 | F | 00:51:28 | 7:21 |
| 445 | 427 | LONGARELA NEIRA, GEMMA | INDEPENDIENTE | MADRID | VETBF | 27 | F | 00:51:36 | 7:22 |
| 446 | 448 | PEREZ CANO, MARIA DOLORES | INDEPENDIENTE | MURCIA | SENIF | 46 | F | 00:51:46 | 7:23 |
| 447 | 447 | RUBIO GARCIA, NICOLAS | INDEPENDIENTE | MURCIA | VETAM | 138 | M | 00:51:47 | 7:23 |
| 448 | 316 | REIMUNDE GARCIA, VIOLETA | INDEPENDIENTE | A CORUÑA | SENIF | 47 | F | 00:52:08 | 7:26 |
| 449 | 475 | LOPEZ JIMENEZ, JAVIER | INDEPENDIENTE | CANTABRIA | VETCM | 25 | M | 00:53:39 | 7:39 |
| 450 | 446 | MINGUEZ GRACIA, PAULA | INDEPENDIENTE | MADRID | SENIF | 48 | F | 00:59:36 | 8:30 |
| 451 | 463 | GONZALEZ GUTIERREZ, MARIA ELENA | INDEPENDIENTE | MADRID | SENIF | 49 | F | 00:59:41 | 8:31 |
| 452 | 445 | GRACIA PEÑA, AZUCENA | INDEPENDIENTE | MADRID | VETBF | 28 | F | 00:59:56 | 8:33 |

De 522 inscritos, 452 han terminado la carrera.