



CLASIFICACIÓN GENERAL

Fecha **02/04/2015**

CARRERA PASCUA BERGIOCIO CACABELOS 2015

Distancia **10000 metros**



Posición	Dorsal	Nombre	Equipo / Club	CATEGORIA	P.Cat.	1ªV. 3333m	2ªV. 6666m	T. FINAL	Min/Km
1	216	MARTINEZ FERNANDEZ, ALEJANDRO	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	1	00:12:10	00:23:28	00:33:40	3:22
2	26	BAPTISTA SEMEDO, PAULO	PONFERRADA ESTADIOGIJON	GENERAL MASCULINA	2	00:12:09	00:23:28	00:34:42	3:28
3	91	DIEZ GARCIA, ALFONSO	LA RIOJA ATLETISMO	GENERAL MASCULINA	3	00:12:09	00:23:33	00:35:00	3:30
4	291	SANCHEZ GIL, HUGO	ADAS O BARCO	GENERAL MASCULINA	4	00:12:04	00:23:33	00:35:01	3:30
5	31	BELLO GONZALEZ, YAGO	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	5	00:12:04	00:23:37	00:35:09	3:30
6	269	RAMON TRIGAL, MARIO	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	6	00:12:05	00:23:33	00:35:14	3:31
7	193	JUAREZ PRIETO, DIEGO	NEW RUNNERS CHORCO	GENERAL MASCULINA	7	00:12:04	00:23:46	00:35:37	3:33
8	248	OLIVEIRA DE ALBA, JUANMA	BIERZOTRIMAN	GENERAL MASCULINA	8	00:12:28	00:24:19	00:35:45	3:34
9	173	GONZALEZ PASCUAL, ROBERTO	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	9	00:12:29	00:24:19	00:35:46	3:34
10	134	FERRERAS JIMENEZ, SAMUEL	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	10	00:12:06	00:24:05	00:36:06	3:36
11	98	ENERO TEIXEIRA, DANIEL	PEÑACORADA	GENERAL MASCULINA	11	00:12:05	00:24:09	00:36:17	3:37
12	321	ALVAREZ MARTINEZ, JUAN JOSE	NEW RUNNERS	GENERAL MASCULINA	12	00:12:20	00:24:29	00:36:19	3:37
13	179	GUERRA CASCALLANA, PEDRO	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	13	00:12:30	00:24:28	00:36:29	3:38
14	126	FERNANDEZ MARTINEZ, FRANCISCO JAVIER	RUNNING PARA TODOS	GENERAL MASCULINA	14	00:12:47	00:24:57	00:36:56	3:41
15	172	GONZALEZ MARTINEZ, HECTOR	CACABELOS	GENERAL MASCULINA	15	00:12:05	00:24:33	00:37:08	3:42
16	283	RODRIGUEZ OVIEDO, RAFAEL	PONFERRADA/ RADICAL BIERZO	GENERAL MASCULINA	16	00:12:29	00:24:49	00:37:27	3:44
17	50	CALVO ALVAREZ, JOSE MANUEL	TÓMBRIO	GENERAL MASCULINA	17	00:12:29	00:24:39	00:37:29	3:44
18	23	ASTORGANO MARTINEZ, JORGE J.	PONFERRADA	GENERAL MASCULINA	18	00:12:47	00:25:17	00:37:48	3:46
19	51	CALVO RAMON, ALEJANDRO	CUBILLOS DEL SIL	GENERAL MASCULINA	19	00:13:11	00:25:40	00:37:56	3:47
20	168	GONZALEZ ESCOBAR, JORGE	PONFERRADA	GENERAL MASCULINA	20	00:12:48	00:25:26	00:38:05	3:48
21	221	MARTINEZ RODRIGUEZ, BORJA	CD RADIKAL BIERZO TEAM	GENERAL MASCULINA	21	00:12:48	00:25:21	00:38:09	3:48
22	289	SAN MIGUEL BODELON, JAVIER	BIERZO TODO DEPORTE	GENERAL MASCULINA	22	00:12:47	00:25:21	00:38:17	3:49
23	214	MARTINEZ BENAVENTE, JORGE	MADRID	GENERAL MASCULINA	23	00:13:09	00:25:45	00:38:18	3:49
24	277	RODRIGUEZ APARICIO, DAVID	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	24	00:12:48	00:25:27	00:38:19	3:49
25	180	GUERRA LOPEZ, FERNANDO	EQUILIBRIUM	GENERAL MASCULINA	25	00:13:11	00:25:46	00:38:43	3:52
26	177	GONZALEZ SUAREZ, AMABLE	MADRID	GENERAL MASCULINA	26	00:13:00	00:25:49	00:38:46	3:52
27	28	BARRIO GONZALEZ, ROBERTO	ASFIXIA TOTAL	GENERAL MASCULINA	27	00:13:21	00:26:08	00:38:56	3:53
28	55	CARDOSO DE SOUSA, NUNO JOEL	ADAS PROINOR	GENERAL MASCULINA	28	00:13:20	00:26:15	00:39:00	3:54
29	319	YANETT ORTIZ, CARLOS	MASTERGYM PONFERRADA	GENERAL MASCULINA	29	00:13:32	00:26:25	00:39:00	3:54
30	282	RODRIGUEZ MARTINEZ, CHRISTIAN	ADAS-PROINOR	GENERAL MASCULINA	30	00:13:21	00:26:19	00:39:07	3:54
31	205	LOPEZ PEREIRA, ELOY	PONFERRADA	GENERAL MASCULINA	31	00:13:16	00:26:23	00:39:15	3:55
32	157	GARCIA LLORENA, JESUS	CLUB ATLETISMO TOLEDO	GENERAL MASCULINA	32	00:14:29	00:27:06	00:39:17	3:55
33	197	LLAMAZARES FERRERAS, JUAN CARLOS	INTELLIGENT INTERVALL	GENERAL MASCULINA	33	00:12:53	00:26:10	00:39:21	3:56

Posición	Dorsal	Nombre	Equipo / Club	CATEGORIA	P.Cat.	1ºV. 3333m	2ºV. 6666m	T. FINAL	Min/Km
34	45	BLANCO GOMEZ, JESUS MANUEL	CACABELOS	GENERAL MASCULINA	34	00:13:19	00:26:19	00:39:25	3:56
35	313	VEGA COBO, DAVID	PONFERRADA	GENERAL MASCULINA	35	00:13:22	00:26:26	00:39:28	3:56
36	101	ENRIQUEZ BLANCO, JAVI	RADIKAL TEAM BIERZO	GENERAL MASCULINA	36	00:13:33	00:26:32	00:39:32	3:57
37	211	MARTIN DEL POZO, ROBERTO	RADIKAL BIERZO	GENERAL MASCULINA	37	00:13:32	00:26:32	00:39:33	3:57
38	32	BENAVIDES CABEZAS, ADRIAN	RADIKAL BIERZO TEAM	GENERAL MASCULINA	38	00:13:32	00:26:32	00:39:33	3:57
39	97	ENERO CAMPELLO, JOSE	PEÑACORADA	GENERAL MASCULINA	39	00:13:20	00:26:30	00:39:36	3:57
40	266	RAMON CANABAL, FELIX	FABERO	GENERAL MASCULINA	40	00:13:02	00:26:24	00:39:55	3:59
41	233	MORAN ALVAREZ, LUIS	PARRA SPORT RUNNING	GENERAL MASCULINA	41	00:26:40	00:27:12	00:39:58	3:59
42	124	SERNANDEZ RODRIGUEZ, SANTIAGO	CACABELOS	GENERAL MASCULINA	42	00:14:21	00:27:07	00:39:58	3:59
43	125	FERNANDEZ MARTINEZ, ANDRES	ANTIMIO	GENERAL MASCULINA	43	00:13:34	00:27:02	00:40:21	4:02
44	52	CANEDO LAGO, MANUEL	CACABELOS	GENERAL MASCULINA	44	00:13:33	00:27:04	00:40:24	4:02
45	53	CAÑON NOGALEDO, FAUSTINO	NOCEDA DEL BIERZO	GENERAL MASCULINA	45	00:13:33	00:26:59	00:40:26	4:02
46	292	SANTALLA YEBRA, DANIEL	PONFERRADA	GENERAL MASCULINA	46	00:13:34	00:26:59	00:40:30	4:03
47	64	CAUREL CARRERA, JOSE MARIA	SANTIAGO DE COMPOSTELA	GENERAL MASCULINA	47	00:13:32	00:26:40	00:40:32	4:03
48	318	VILOR BLANCO, RUBEN	BIERZO TODO DEPORTE	GENERAL MASCULINA	48	00:13:37	00:27:12	00:40:37	4:03
49	317	VILLAR MARTINEZ, CARLOS	RADICAL BIERZO TEAM	GENERAL MASCULINA	49	00:13:35	00:27:02	00:40:38	4:03
50	296	SARMIENTO JUAN, VICTOR	TELENO TRAIL	GENERAL MASCULINA	50	00:13:45	00:27:10	00:40:39	4:03
51	209	MARIN OTERO, MARIO	CORRESIERO	GENERAL MASCULINA	51	00:14:10	00:27:39	00:40:46	4:04
52	15	ALVAREZ BODELON, LUIS ANGEL	PONFERRADA	GENERAL MASCULINA	52	00:13:29	00:27:22	00:40:50	4:05
53	222	MARTINEZ VELILLA, PABLO	ANTIMIO RUNNING	GENERAL MASCULINA	53	00:13:38	00:27:20	00:40:51	4:05
54	8	ALCALA MARTINEZ, TOMAS	PONFERRADA	GENERAL MASCULINA	54	00:14:17	00:27:44	00:41:01	4:06
55	19	ARAMBURU GARCIA-PINTOS, ALBERTO	MILER RUNNING CLUB	GENERAL MASCULINA	55	00:13:40	00:27:21	00:41:04	4:06
56	262	PRADO GONZALEZ, MANUEL	PONFERRADA	GENERAL MASCULINA	56	00:13:41	00:27:29	00:41:09	4:06
57	149	GARCIA ARIAS, ANA	ADAS O BARCO	GENERAL FEMENINA	1	00:14:05	00:27:57	00:41:14	4:07
58	29	BARROS CORDERO, PABLO	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	57	00:13:36	00:27:12	00:41:23	4:08
59	285	RODRIGUEZ VEGA, PABLO	PONFERRADA	GENERAL MASCULINA	58	00:15:34	00:29:09	00:41:42	4:10
60	60	CASAS CASAS, JOSE MANUEL	A CORUÑA	GENERAL MASCULINA	59	00:14:33	00:28:20	00:41:47	4:10
61	154	GARCIA EMILIO, ADOLFO	ADAS O BARCO	GENERAL MASCULINA	60	00:14:05	00:27:58	00:41:51	4:11
62	92	DIEZ PEREIRA, SERAFIN	PONFERRADA	GENERAL MASCULINA	61	00:13:34	00:27:26	00:41:54	4:11
63	276	RODRIGUEZ ALVAREZ, SILVIA	CACABELOS	GENERAL FEMENINA	2	00:14:53	00:28:44	00:42:04	4:12
64	138	FRANCO TRABAJO, ALBA	INDEP. LEON	GENERAL FEMENINA	3	00:14:16	00:28:07	00:42:05	4:12
65	137	FRANCO RAIMONDEZ, ANTONIO	MADRID	GENERAL MASCULINA	62	00:14:16	00:28:06	00:42:06	4:12
66	281	RODRIGUEZ BULNES, ROBERTO	CHORCO NEWRUNNERS	GENERAL MASCULINA	63	00:14:16	00:28:07	00:42:10	4:13
67	311	VEGA CADORNIGA, ROBERTO	PONFERRADA	GENERAL MASCULINA	64	00:13:33	00:27:07	00:42:14	4:13
68	144	GARCIA, JOAQUIN	C.D.GAS NATURAL FENOSA	GENERAL MASCULINA	65	00:14:31	00:28:35	00:42:31	4:15
69	254	PEREZ CORRAL, JONATAN	PONFERRADA	GENERAL MASCULINA	66	00:14:34	00:28:36	00:42:37	4:15
70	21	ARIAS VIDAL, DAVID	PONFERRADA	GENERAL MASCULINA	67	00:14:52	00:29:22	00:42:41	4:16
71	198	LLORENA PRATS, MARI CARMEN	CLUB ATLETISMO TOLEDO	GENERAL FEMENINA	4	00:14:40	00:28:44	00:42:47	4:16

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72	207	LOPEZ ZAMORA, JUAN MANUEL	CD TRIATLON BIERZO	GENERAL MASCULINA	68	00:14:18	00:28:22	00:42:48	4:16
73	162	GOMEZ DE RAMON DE LEON, JESUS	PONFERRADA	GENERAL MASCULINA	69	00:14:06	00:28:30	00:43:00	4:18
74	79	CRESPO RUBIO, JOSE MANUEL	PONFERRADA	GENERAL MASCULINA	70	00:14:33	00:28:37	00:43:10	4:19
75	160	GAVELA RODRIGUEZ, JAVIER	MADRID	GENERAL MASCULINA	71	00:14:38	00:29:00	00:43:12	4:19
76	203	LOPEZ MARQUES, JOHN	C.D.A.LOSADA	GENERAL MASCULINA	72	00:15:14	00:29:15	00:43:20	4:20
77	47	BLANCO LOPEZ, SOFIA	MADRID	GENERAL FEMENINA	5	00:14:31	00:28:43	00:43:22	4:20
78	164	GONZALEZ SANTOS, LORENZO	CACABELOS	GENERAL MASCULINA	73	00:16:17	00:30:31	00:43:29	4:20
79	232	MORAL LORDEN, MIGUEL ANGEL	PONFERRADA	GENERAL MASCULINA	74	00:15:18	00:30:47	00:43:38	4:21
80	49	CALERO RODRIGUEZ, MAXIMILIANO	PONFERRADA	GENERAL MASCULINA	75	00:14:48	00:29:25	00:43:39	4:21
81	85	DEL RIO GARCIA, NURIA	PONFERRADA	GENERAL FEMENINA	6	00:14:52	00:29:28	00:43:42	4:22
82	252	OVALLE DE LA SIERRA, FERNANDO	RADIKAL BIERZO TEAM	GENERAL MASCULINA	76	00:14:52	00:29:28	00:43:43	4:22
83	273	REGUERO FERNANDEZ, PEDRO JOSE	PONFERRADA	GENERAL MASCULINA	77	00:14:44	00:29:28	00:43:52	4:23
84	152	GARCIA DA COSTA, FERNANDO	IFITNESS LEON	GENERAL MASCULINA	78	00:14:49	00:29:28	00:43:59	4:23
85	191	IGLESIAS ORDOÑEZ, MARIO	VILLABLINO	GENERAL MASCULINA	79	00:15:38	00:30:07	00:44:14	4:25
86	268	RAMON TORRES, JOSE MARIA	MADRID	GENERAL MASCULINA	80	00:15:26	00:29:58	00:44:26	4:26
87	142	GALLEGO RODRIGUEZ, ALEJANDRO	RADIKAL BIERZO	GENERAL MASCULINA	81	00:15:02	00:29:41	00:44:32	4:27
88	259	PRADA GOMEZ, JOSE ANGEL	DEHESAS,PONFERRADA	GENERAL MASCULINA	82	00:15:02	00:29:41	00:44:32	4:27
89	133	FERREIRA MARCELINO, TOÑIN	BEMBIBRE	GENERAL MASCULINA	83	00:14:48	00:29:40	00:44:39	4:27
90	270	RAMOS CALVO, PEDRO	PONFERRADA	GENERAL MASCULINA	84	00:14:44	00:29:39	00:44:40	4:28
91	271	REDONDO PARDO, MIGUEL ANGEL	ARROYO DE LA ENCOMIENDA	GENERAL MASCULINA	85	00:15:28	00:30:07	00:44:41	4:28
92	301	SOTO QUEVEDO, OSCAR	CTV	GENERAL MASCULINA	86	00:17:29	00:31:10	00:44:57	4:29
93	235	MORAN PEREIRA, ANA	RADIKAL BIERZO	GENERAL FEMENINA	7	00:15:01	00:30:12	00:45:21	4:32
94	110	FERNANDEZ, CARLOS	RADIKAL BIERZO TEAM	GENERAL MASCULINA	87	00:15:01	00:30:11	00:45:21	4:32
95	286	ROJAS SILVA, JOSE ENRIQUE	UVEO2 RUNNING	GENERAL MASCULINA	88	00:15:35	00:30:48	00:45:21	4:32
96	231	MIGUELEZ PRIETO, JORGE	BIERZO TODO DEPORTE	GENERAL MASCULINA	89	00:15:25	00:30:33	00:45:25	4:32
97	33	BENAVIDES CABEZAS, IVAN	LA CORUÑA	GENERAL MASCULINA	90	00:15:30	00:30:42	00:45:33	4:33
98	118	FERNANDEZ FERNANDEZ, DANIEL	PONFERRADA	GENERAL MASCULINA	91	00:15:45	00:30:48	00:45:38	4:33
99	89	DIAZ PAZOS, JOSE CARLOS	PONFERRADA	GENERAL MASCULINA	92	00:15:21	00:30:31	00:45:52	4:35
100	155	GARCIA FERNANDEZ, JUAN MANUEL	LA CARRERA	GENERAL MASCULINA	93	00:15:17	00:30:30	00:45:59	4:35
101	136	FRANCO CAUREL, JOSE LUIS	PONFERRADA	GENERAL MASCULINA	94	00:15:55	00:31:18	00:46:07	4:36
102	265	QUIÑONES RODRIGUEZ, ANDREA	CHORCO NEWRUNNERS	GENERAL FEMENINA	8	00:15:51	00:31:17	00:46:08	4:36
103	120	FERNANDEZ GRANDE, MIGUEL ANGEL	TROTADAS VALDEORRAS	GENERAL MASCULINA	95	00:14:29	00:30:10	00:46:15	4:37
104	130	FERNANDEZ RODRIGUEZ, MIGUEL ANGEL	TROTADAS VALDEORRAS	GENERAL MASCULINA	96	00:14:41	00:30:14	00:46:15	4:37
105	260	PRADO GARCIA, ANTONIO	CANDÍN	GENERAL MASCULINA	97	00:16:07	00:31:20	00:46:18	4:37
106	183	GUERRERO CAMPILLO, MARCOS	PONFERRADA	GENERAL MASCULINA	98	00:15:18	00:30:46	00:46:18	4:37
107	253	PENA PACIOS, JONATHAN	PONFERRADA	GENERAL MASCULINA	99	00:15:44	00:30:56	00:46:33	4:39
108	288	SALGADO VELASCO, GERMAN	PONFERRADA	GENERAL MASCULINA	100	00:16:05	00:31:35	00:46:37	4:39
109	9	ALLEN, SIMON	RUTAS DEL BIERZO	GENERAL MASCULINA	101	00:15:16	00:30:45	00:46:48	4:40

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110	156	GARCIA GARCIA, DANIEL	GIJON (ASTURIAS)	GENERAL MASCULINA	102	00:15:36	00:31:13	00:46:53	4:41
111	217	MARTINEZ FERNANDEZ, CESAR	PONFERRADA	GENERAL MASCULINA	103	00:18:14	00:32:42	00:47:01	4:42
112	30	BELLO BLANCO, LORENA	PONFERRADA	GENERAL FEMENINA	9	00:15:34	00:31:12	00:47:04	4:42
113	204	LOPEZ MARQUES, PABLO	C.D.A.LOSADA	GENERAL MASCULINA	104	00:16:13	00:31:30	00:47:06	4:42
114	62	CASTRILLO CARPINTERO, FERNANDO	ULTRARUN	GENERAL MASCULINA	105	00:15:36	00:31:35	00:47:26	4:44
115	295	SANZ BARRAGAN, ANGEL	RADIKAL BIERZO	GENERAL MASCULINA	106	00:15:36	00:31:38	00:47:31	4:45
116	247	NUÑEZ VAZQUEZ, DIEGO	FTRAINERS	GENERAL MASCULINA	107	00:15:59	00:31:47	00:47:56	4:47
117	242	NUÑEZ GONZALEZ, JOSE AMABLE	PONTEVEDRA	GENERAL MASCULINA	108	00:16:10	00:32:12	00:48:02	4:48
118	237	NAVARRO PEREZ, JOSE	PONFERRADA	GENERAL MASCULINA	109	00:17:06	00:33:02	00:48:10	4:49
119	34	BENAVIDES HERRERAS, JOSE	ASTORGA	GENERAL MASCULINA	110	00:16:22	00:32:22	00:48:19	4:49
120	146	GARCIA ALEGRE, RUTH MARIA	ASTORGA	GENERAL FEMENINA	10	00:16:23	00:32:23	00:48:20	4:50
121	322	PRIETO BARRIENTOS, JUAN JOSE	NEW RUNNERS	GENERAL MASCULINA	111	00:15:40	00:31:48	00:48:36	4:51
122	169	GONZALEZ FERNANDEZ, FRANCISCO	C.A. LA BAÑEZA-CECINAS PABLO	GENERAL MASCULINA	112	00:15:40	00:30:04	00:48:36	4:51
123	176	GONZALEZ SANTAMARINA, FELIX	PONFERRADA	GENERAL MASCULINA	113	00:17:17	00:33:09	00:48:37	4:51
124	212	MARTIN-ALBO DELGADO, RAUL	MADRID	GENERAL MASCULINA	114	00:16:53	00:33:02	00:48:55	4:53
125	78	COUCEIRO RODRIGUEZ, SERGIO	MADRID	GENERAL MASCULINA	115	00:15:54	00:32:01	00:48:56	4:53
126	213	MARTINEZ RODRIGUEZ, RUBEN	NARAYOLA	GENERAL MASCULINA	116	00:17:56	00:34:10	00:48:56	4:53
127	41	BLANCO ARIAS, ALAN	CACABELOS	GENERAL MASCULINA	117	00:16:09	00:33:09	00:49:25	4:56
128	17	ALVAREZ RODRIGUEZ, MANUEL	CARRACEDELO	GENERAL MASCULINA	118	00:17:54	00:34:14	00:49:35	4:57
129	108	ESTIGARRIBIA, MIRNA	BIERZO RUNNERS	GENERAL FEMENINA	11	00:17:10	00:33:45	00:49:37	4:57
130	284	RODRIGUEZ PRADA, MANUEL ANTONIO	ARGANZA	GENERAL MASCULINA	119	00:17:44	00:34:04	00:49:39	4:57
131	310	VEGA MORAN, JORGE	NARAYOLA	GENERAL MASCULINA	120	00:17:55	00:34:10	00:50:19	5:01
132	316	VILLANUEVA BLANCO, EMILIO	PÑA. VILLANUEVA	GENERAL MASCULINA	121	00:17:06	00:33:46	00:50:32	5:03
133	14	ALVAREZ ALEJANDRE, MARCOS LUIS	PONFERRADA	GENERAL MASCULINA	122	00:17:36	00:34:30	00:50:42	5:04
134	135	FLOREZ PEREZ, ANDRES	PONFERRADA	GENERAL MASCULINA	123	00:17:36	00:34:34	00:50:45	5:04
135	4	ABELLA CARRERA, ENRIQUE	PONFERRADA	GENERAL MASCULINA	124	00:17:40	00:34:11	00:50:47	5:04
136	200	LOPEZ ABAD, CRISTOBAL	QUILÓS	GENERAL MASCULINA	125	00:18:15	00:35:08	00:50:51	5:05
137	274	REVUELTA MENDEZ, CARLOS	O BARCO	GENERAL MASCULINA	126	00:18:00	00:34:36	00:50:57	5:05
138	255	PEREZ GONZALEZ, ISMAEL	PONFERRADA	GENERAL MASCULINA	127	00:16:32	00:33:57	00:51:16	5:07
139	230	MIGUEL GAO, JAVIER	CORULLÓN	GENERAL MASCULINA	128	00:16:32	00:33:58	00:51:17	5:07
140	140	FRIAS PEREZ, ANA MARIA	FUENLABRADA	GENERAL FEMENINA	12	00:17:53	00:34:37	00:51:19	5:07
141	122	FERNANDEZ IGLESIAS, LUIS	FUENLABRADA	GENERAL MASCULINA	129	00:17:53	00:34:37	00:51:20	5:08
142	305	TURIEL GONZALEZ, FRANCISCO	MADRID	GENERAL MASCULINA	130	00:17:43	00:34:17	00:51:22	5:08
143	96	ECEIZA RODRIGUEZ, BENJAMIN	MADRID	GENERAL MASCULINA	131	00:17:43	00:34:18	00:51:23	5:08
144	22	ASTORGANO BODELON, NOELIA	PONFERRADA	GENERAL FEMENINA	13	00:18:10	00:34:55	00:51:37	5:09
145	299	SERANTES MORAN, LOLO	PONFERRADA	GENERAL MASCULINA	132	00:17:35	00:34:24	00:51:58	5:11
146	115	FERNANDEZ CASTELLANO, JENNIFER	PONFERRADA	GENERAL FEMENINA	14	00:18:08	00:35:07	00:52:10	5:13
147	69	COBOS MARTINEZ, JESUS ENRIQUE	BEMBIBRE	GENERAL MASCULINA	133	00:18:08	00:35:07	00:52:11	5:13

Posición	Dorsal	Nombre	Equipo / Club	CATEGORIA	P.Cat.	1ºV. 3333m	2ºV. 6666m	T. FINAL	Min/Km
148	287	RUBIO YEBRA, JORGE	MASTERGYM	GENERAL MASCULINA	134	00:17:10	00:34:38	00:52:15	5:13
149	170	GONZALEZ GONZALEZ, JOSE MARIA	NUNCA CORRERÁS SOLO	GENERAL MASCULINA	135	00:17:30	00:34:55	00:52:22	5:14
150	141	GALLARDO ALVAREZ, VICTOR MANUEL	PONFERRADA	GENERAL MASCULINA	136	00:18:06	00:35:16	00:52:32	5:15
151	298	SENRA CAAMAÑO, ANA	PONFERRADA	GENERAL FEMENINA	15	00:18:25	00:35:40	00:53:07	5:18
152	111	FERNANDEZ BLANCO, LUCIA	RUNNING PARA TODOS	GENERAL FEMENINA	16	00:17:54	00:35:18	00:53:11	5:19
153	150	GARCIA BARRUSO, YOLANDA	CLUB ATLETISMO BRIHUEGA	GENERAL FEMENINA	17	00:17:46	00:35:17	00:53:20	5:20
154	178	GOZALO SEBASTIAN, VICTOR	PINTO	GENERAL MASCULINA	137	00:17:54	00:35:24	00:53:44	5:22
155	306	UDAONDO CASCANTE, LUIS FERNANDO	PONFERRADA	GENERAL MASCULINA	138	00:18:20	00:35:47	00:53:56	5:23
156	143	GARCIA, BEGOÑA	CACABELOS	GENERAL FEMENINA	18	00:18:51	00:36:42	00:54:15	5:25
157	234	MORAN FERNANDEZ, PABLO	CACCABELOS	GENERAL MASCULINA	139	00:17:33	00:36:16	00:54:15	5:25
158	304	TOCINO MARCOS, MICAELA	LEON TRAIL	GENERAL FEMENINA	19	00:18:42	00:36:54	00:54:25	5:26
159	58	CARRO DEL REGUERO, J. OMAR	LEON TRAIL	GENERAL MASCULINA	140	00:18:43	00:36:54	00:54:26	5:26
160	139	FREIJO BELLO, JOSE LUIS	MADRID	GENERAL MASCULINA	141	00:18:14	00:36:42	00:55:08	5:30
161	184	GUERRERO CAMPILLO, SONIA	PONFERRADA	GENERAL FEMENINA	20	00:19:28	00:38:03	00:55:43	5:34
162	181	GUERRERO ARIAS, NEREA	PONFERRADA	GENERAL FEMENINA	21	00:19:27	00:38:03	00:55:43	5:34
163	158	GARCIA SASTRE, DIANA	INDEP. LEON	GENERAL FEMENINA	22	00:18:51	00:37:39	00:56:04	5:36
164	236	NAVARRO BLANCO, OMAR	RADIKAL BIERZO TEAM	GENERAL MASCULINA	142	00:19:08	00:38:12	00:56:06	5:36
165	280	RODRIGUEZ BLANCO, ANA MARIA	PONFERRADA	GENERAL FEMENINA	23	00:19:08	00:38:12	00:56:06	5:36
166	46	BLANCO GONZALEZ, BEATRIZ	RADIKAL BIERZO TEAM	GENERAL FEMENINA	24	00:19:08	00:38:12	00:56:07	5:36
167	267	RAMON TORRES, JESUS	PONFERRADA	GENERAL MASCULINA	143	00:19:24	00:39:22	00:56:47	5:40
168	36	BERNAL GOMEZ, JESUS	FERROL (CORUÑA)	GENERAL MASCULINA	144	00:19:26	00:38:32	00:57:36	5:45
169	72	COMBARROS LOPEZ, MARIA ANGELES	CACABELOS	GENERAL FEMENINA	25	00:18:24	00:37:41	00:57:37	5:45
170	70	COMBARROS LOPEZ, MANUEL	GIJON	GENERAL MASCULINA	145	00:19:35	00:38:33	00:57:42	5:46
171	128	FERNANDEZ RAMOS, RODRIGO	JEREZ DE LA FRA	GENERAL MASCULINA	146	00:19:09	00:38:05	00:57:49	5:46
172	132	FERNANDEZ VAQUERO, ALEJANDRO	ASTORGA	GENERAL MASCULINA	147	00:19:08	00:38:05	00:57:49	5:46
173	218	MARTINEZ FERNANDEZ, CHRISTIAN	COLUMBRIANOS	GENERAL MASCULINA	148	00:18:40	00:37:26	00:58:12	5:49
174	224	MARTINS BLANCO, EVA MARIA	LAS PALMAS DE GRAN CANARIA	GENERAL FEMENINA	26	00:19:52	00:39:13	00:58:40	5:52
175	249	OLIVEIRA LORENZO, ISAAC ANTONIO	PONFERRADA	GENERAL MASCULINA	149	00:19:37	00:39:10	00:58:41	5:52
176	174	GONZALEZ RODRIGUEZ, SALOME	PONFERRADA	GENERAL FEMENINA	27	00:19:36	00:39:11	00:58:42	5:52
177	307	URRIZA FERNANDEZ, LUCIA	MADRID	GENERAL FEMENINA	28	00:19:56	00:39:32	00:58:56	5:53
178	188	HERNANDEZ SARMIENTO, ALICIA	POZUELO DE ALARCON	GENERAL FEMENINA	29	00:19:37	00:39:24	00:58:57	5:53
179	195	LARRIBA ORTEGA, PRIMITIVO	INDEPENDIENTE	GENERAL MASCULINA	150	00:19:33	00:38:50	00:59:01	5:54
180	113	FERNANDEZ LANDEIRA, JOSE	CACABELOS	GENERAL MASCULINA	151	00:20:11	00:39:17	00:59:35	5:57
181	18	AMEIGIDEZ PRADA, MERCEDES	PONFERRADA	GENERAL FEMENINA	30	00:19:27	00:39:31	00:59:40	5:58
182	27	BARRANCO MORAN, GUILLERMO	CACABELOS	GENERAL MASCULINA	152	00:20:53	00:40:53	01:00:07	6:00
183	76	CORBELLA VAZQUEZ, KAREN	CACABELOS	GENERAL FEMENINA	31	00:20:58	00:40:54	01:00:08	6:00
184	87	DIAZ LOPEZ, DAVID	CACABELOS	GENERAL MASCULINA	153	00:20:52	00:40:50	01:00:44	6:04
185	163	GONZALEZ SANTOS, BELEN	CACABELOS	GENERAL FEMENINA	32	00:21:05	00:40:54	01:00:44	6:04

Posición	Dorsal	Nombre	Equipo / Club	CATEGORIA	P.Cat.	1ºV. 3333m	2ºV. 6666m	T. FINAL	Min/Km
186	323	GARCIA ESCUDERO, EDUARDO	INDEP. PONFERRADA	GENERAL MASCULINA	154	00:19:23	00:39:46	01:00:44	6:04
187	166	GONZALEZ ALVAREZ, ANGELES	IN	GENERAL FEMENINA	33	00:21:42	00:43:05	01:02:57	6:17
188	25	BAO ESTEVEZ, FRANCISCO	TROTADAS DE VALDEORRAS	GENERAL MASCULINA	155	00:21:57	00:43:01	01:04:28	6:26
189	147	GARCIA ALFONSO, MANUEL	ADAS-PROINOR	GENERAL MASCULINA	156	00:21:56	00:43:00	01:04:51	6:29
190	206	LOPEZ TERRON, YOVANA	INDEPENDIENTE	GENERAL FEMENINA	34	00:21:43	00:43:06	01:04:52	6:29